

# Quality Management Improvement & Accountability (QMIA)

# YOUTH EMPOWERMENT SERVICES QMIA Quarterly Report

1st Q SFY 2021







# QMIA Quarterly Report – January 2021

# 1<sup>ST</sup> Q State Fiscal Year to Date (SFYTD) – July 2020 – Sept 2020

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## QMIA Quarterly Report - Jan 2021

Report includes data from Q1 of SFY 2021 (July, August, and Sept 2020), and trend data from previous SFYs

#### Overview of YES QMIA Quarterly Report

The goal of Idaho's Youth Empowerment Services (YES) program is to develop, implement, and sustain a child, youth and family-driven, coordinated, and comprehensive children's mental health delivery system. This enhanced child serving system will lead to improved outcomes for children, youth, and families who are dealing with mental illness.

The Quality Management Improvement and Accountability (QMIA) Quarterly Report is a critical aspect of YES monitoring based on data collected by the YES partners, which include the Department of Health and Welfare's Divisions of Behavioral Health (DBH), Medicaid, and Family and Community Services (FACS), as well as the Idaho Department of Juvenile Corrections (IDJC), and the Idaho State Department of Education (SDE). The QMIA Quarterly Report is assembled with information about the children, youth, and families accessing mental care in Idaho primarily through the Medicaid/Optum Network or the Division of Behavioral Health (DBH) Children's Mental Health (CMH) Regional clinics. A majority of the data is from Medicaid or DBH as these two child serving systems provide most of the mental health care for children and youth. Data in the report includes children and youth who have Medicaid, children whose family's income is over the Medicaid Federal Poverty Guideline, children having trouble in school as a result of mental illness, children under court orders for mental health services including child protection, and children with developmental disabilities and co-occurring mental illness. Additional information from FACS, IDJC and SDE are included when available.

The QMIA Quarterly Report is available to all stakeholders on the YES website and delivered to YES workgroups to support decision making related to plans for system improvement by building collaborative systems, developing new services, and creating workforce training plans. If information provided within this report evokes questions or an interest in additional data collection, please contact <a href="YES@dhw.idaho.gov">YES@dhw.idaho.gov</a> with your questions, concerns, or suggestions. For Medicaid-specific questions or concerns, please contact <a href="YESProgram@dhw.idaho.gov">YESProgram@dhw.idaho.gov</a>.

#### 1: SFY 2021 Estimated Number of Children and Youth who will qualify for YES

Background: Based on the Jeff D Agreement an annual estimate for number of children and youth who may qualify for YES must established.

Results: The estimated number of children and youth who qualify for YES services is based on several population estimates and on the expected prevalence of mental illness. For 2020, the range of the number of children and youth in Idaho who may qualify for YES services in SFY 2021 is approximately 14,000¹ to 29,000² (see chart below, numbers are rounded to nearest 1,000). This estimated range is based on the following data and calculations.

Population numbers utilized for QMIA-Q estimated number who will qualify for YES:

- 424,000 children and youth ages 0-18 in Idaho in 2019.
- 199,257 Medicaid members in Idaho ages 0-173 based on Q4 SFY 2020.
- 199,139 children and youth in living in poverty in Idaho according to the National Center for Children in Poverty in 2018 (see http://www.nccp.org/profiles/ID\_profile\_6.html).

Estimated number of children and youth who may qualify for YES:

To create the range of expected number of children and youth to be served in SFY 21, two methods (previously used by BSU and Optum) for establishing the prevalence rate were utilized. The first method is the expected prevalence of mental illness (6%) based the estimated percent of children with extreme impairment according to the Substance Abuse and Mental Health Services Administration (SAMHSA). (See the validation of this method in Boise State University's (BSU's) report on prevalence estimates:) The second method is based on Optum trends in service utilization data for SFY 2020, which indicates that based on rate per thousand Medicaid members we are currently serving more than 6% and indicates that in Idaho the projected prevalence may be higher than the national prevalence, 6.9% (see SED Prevalence chart in Section 10 showing rate per thousand members). The additional use of a third method, prevalence in the poverty population, was considered as well as it added a dimension of the estimating prevalence that was not calculated in the past (11.7%).

Based on the three methods of predicting the number of the children and youth who may meet the criteria to be eligible for YES services, the range of the number of children and youth in Idaho who may qualify for YES services in SFY 2021 is approximately 14,000<sup>5</sup> to 29,000<sup>6</sup> (see chart below, numbers are rounded to nearest 1,000).

Population estimate based on:	Population	6%	6.9%	11.7%
Total # of children in Idaho under 18	424,000	25,440	29,256	NA
Total number of Medicaid Members under 18	199,257	11,957	13,749	23,313
Total number of children living in poverty	199,139	11,948	13,741	23,299

In addition to the estimate of the number of children and youth statewide who may qualify for YES the QMIA Council requested an analysis of estimated needs by region.

To establish estimates for the number of children and youth that need services in each region the number of children and youth in each region was compared to the state total population to derive a percent which was multiplied times the estimated ranges of children who may qualify for YES and then divided by 2 to derive an average. The average will be used as a serviceable benchmark to assess regions current service delivery.

<sup>&</sup>lt;sup>1</sup> 199,257 Medicaid members X 6.9% =13,749 or approximately 14,000

 $<sup>^{2}</sup>$  424,000 children and youth in Idaho X 6.9% = 29,256 or approximately 29,000

<sup>&</sup>lt;sup>3</sup> The number of Medicaid members varies monthly and so the number used in QMIA reports will reflect the date of the data.

<sup>&</sup>lt;sup>4</sup> Poverty is a strong predictor of mental health needs in children and youth. (Farmer et al. 2001). According to the National Survey of America's Families (NSAF), 11.7 percent of poor children have an emotional/behavioral issue using parent reports from the Child Behavior Checklist, while only 6.4 percent of nonpoor children have such issues (Howell 2004).

<sup>&</sup>lt;sup>5</sup> 199,257 Medicaid members X 6.9% =13,749 or approximately 14,000

<sup>&</sup>lt;sup>6</sup> 424,000 children and youth in Idaho X 6.9% = 29,256 or approximately 29,000

Estimated target number who need services by region:

	1	2	3	4	5	6	7	Total
Idaho youth Population 2019	56,753	25,631	85,805	130,947	59,547	53,627	69,294	481,604
Percent of regional population vs total	11.78%	5.32%	17.82%	27.19%	12.36%	11.14%	14.39%	100%
state								
Percent X 29,000 (high range)	3,417	1,543	5,167	7,885	3,586	3,229	4,173	29,000
Percent X 14,000 (low range)	1,650	745	2,494	3,807	1,731	1,559	2,014	14000
Estimated target <sup>7</sup>	2,550	1,150	3,850	5,850	2,650	2,400	3,100	21,550

#### Estimated gaps in numbers served

Using the percent of those eligible and not eligible for YES (70%8) and the estimated target by region we can estimate gaps by region;

SFY 2020	1	2	3	4	5	6	7	Total
Number served	3451	1023	6727	7117	2953	3057	5323	29,672
Average Estimated YES eligible*	2415	716	4709	4982	2067	2140	3726	20,770
Average Estimated Target	2550	1150	3850	5850	2650	2400	3100	21,550
Variance	135	434	+859	868	583	260	+626	
Percent underserved	5%	38%	NA	15%	22%	11%	NA	

Overall the estimated number of children and youth eligible for YES who received services is 20,770 which is only 3.6% less than the estimated statewide target of 21,550. However, it is notable that that regions 1, 2, 4, 5 and 6 may be underserved- with region 2 as the highest percent of underserved.

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<sup>&</sup>lt;sup>7</sup> Added the high and low range targets and divided by 2 to derive an average and then rounded to nearest 50.

<sup>&</sup>lt;sup>8</sup> Based on the number of CANS and those found eligible for YES (see page 7).

#### 2. Number of Children and Youth with an initial CANS

Background: To ensure that children and youth with mental health needs may be appropriately identified, Idaho implemented the use of the Child and Adolescent Needs and Strengths (CANS) assessment instrument.

Report: During the 1<sup>st</sup> quarter of SFY 2021, 2,659 unduplicated children and youth had received at least one initial CANS. The expectation is that a majority of initial CANS will be completed by the Optum Provider Network which is clearly indicated by the increasing percent.

The number of initial CANS may vary each year. The QMIA-Q will continue to track the number of children with an initial CANS but since there are no predicted numbers of new kids entering the system during any given period this data element will likely vary each quarter. Over several quarters, it may be possible to develop trends that will be helpful in assessing if there are an appropriate number of children and youth being identified as needing mental health services

SFY 2020	DBH	Liberty	Optum Providers	Grand Total*
Distinct Clients by agency	452	1,423	13,460	14,746
%	2.95%	9.28%	87.8%	

It is notable that in SFY 2020, the number of children and youth receiving an initial CANS was greater than the low targeted range (14,746 vs 14,000).

SFYTD 2021- Q 1	DBH	Liberty	Optum Providers	Grand Total*
Distinct Clients by agency	57	214	2,405	2,659
%	2.13%	7.99%	89.91%	

<sup>\*</sup>Note that a child or youth may have an initial CANS in any of the three entities (DBH, Liberty and/or Optum Network providers). Grand total is unduplicated across all agencies.

#### 3. Number of YES eligible children and youth based on the CANS

Background: An algorithm based on the CANS was developed for Idaho to support identification of YES members. The algorithm results in a rating of 0, 1, 2, or 3. Based on that algorithm, all children who have a CANS rating of 1 or greater are considered to meet the criteria for eligibility for YES membership. Children and youth with a rating of "0" on the CANS may still have mental health needs and are still provided mental health services but they do not meet the eligibility criteria established in the Jeff D. Agreement to be considered a member of the Jeff D. Lawsuit.

Report: Of all the <u>initial CANS</u> completed in the quarter of SFY 2021, 71% met the criteria for eligibility for YES and 29% did not meet the criteria. The percentages of those found eligible vs those found not eligible across time have been fairly consistent, which indicates that there is reliability in the percent of children and youth who will likely qualify for YES. The value of having a reliable percentage of all children and youth assessed is to establish a serviceable measure for estimating the number of eligible (70%) and non-eligible (30%) children and youth receiving services.

Variations by agency (DBH, Liberty or Optum) are as expected as children and youth with more intensive needs are more likely to be assessed by either DBH or Liberty.

#### **SFY 2020**

Assessment score	Assessment score DBH		Lib	erty	Optum F	Providers	Grand Total*	
	#	%	#	%	#	%	#	%
0	25	5%	29	2%	4,560	33%	4,611	30%
1	116	26%	397	28%	6,417	46%	6,853	44%
2	59	13%	317	22%	1,382	10%	1,733	11%
3	252	56%	680	48%	1,540	11%	2,326	15%
Total	452		1,423		13,460*		14,746*	

<sup>\*</sup>Total numbers from chart on page 5

#### SFY 2021 Year to date

Assessment score	DI	DBH		erty	Optum F	Providers	Grand	Grand Total*	
	#	%	#	%	#	%	#	%	
0	5	9%	6	3%	811	34%	822	29%	
1	15	26%	55	26%	1,176	49%	1,245	44%	
2	9	16%	48	22%	190	8%	246	11%	
3	28	49%	105	49%	243	10%	374	16%	
Total	57		214		2,420				

#### 4. Characteristics of children and youth assessed using the CANS

Background: The characteristics of the children and youth who were assessed are noted by age, gender, race/ ethnicity, and geographic distribution by county. The goal of assessing those who have received an initial CANS assessment is to identify if there may have been any disparities compared to the population of Idaho or compared to previous years.

#### By Age:

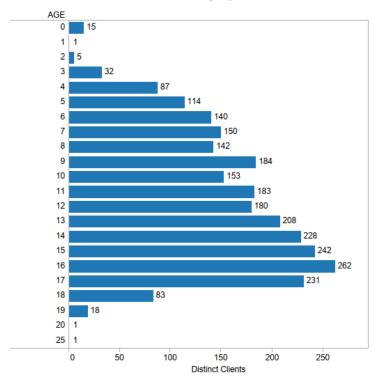
Status: A review of the ages of children and youth who received a CANS indicates that most of them are in their teens:

Age range	CANS	%SFY2020	CANS	% SFYTD	Change by
				2021	>1%
3-4	493	3.4%	119	4.7%	
5-6	1260	8.7%	254	10.0%	<b></b>
7-8	1775	12.2%	292	11.5%	
9-11	3318	22.8%	520	20.5%	<b></b>
12-14	3753	25.8%	616	24.3%	<b></b>
15-17	3961	27.2%	735	29.0%	•
	14,560		2,536		

The reported percentages in the table above exclude children under the age of 3 and over the age of 17 from the bar chart below. There has been a slight trend through the year toward a higher percentage of children between the ages of 3 to 4, and 5 to 6. This may be the result of improving methods for identifying needs or due simply to more children being assessed.

Note: DBH is continuing research as to why children under the age of 3 received a CANS- and specifically why 15 children under the age of 1 received a CANS. However there has been improvement with only 16 CANS age 1 and under. It is assumed that this was incorrect data entry.

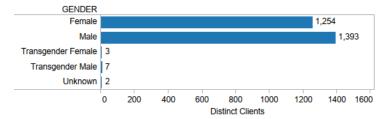
CMH CANS Clients count by Age for SFY 2021



#### By Gender:

Report: The number and percentage of children and youth with at least one completed CANS completed for SFYTD 2021 is approximately reflective of the percentages based on the states population.

CMH CANS Clients count by Gender for SFY 2021



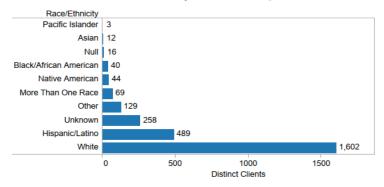
	Female	Male	Refused	Transgender Female	Transgender Male	Unknown	Grand total
Distinct clients	1,254	1,393	0	3	7	2	2,659
% by Gender	47.2%	52.4%	NA	0.1%	0.3%	0.1%	
% of Idaho's Population	48.87%	51.13%	NA	UK	UK	NA	

Note: State level census data does not track or report on percent of Idaho's children and youth identifying as Transgender Male or Female.

#### By Race and Ethnicity:

The number and percentage of children and youth with at least one completed CANS by Race/Ethnicity for SFYTD 2021 indicates that there may be some disparities in the children and youth being served. Black/African American and Hispanic children and youth appear to be served at or above the general population percent in Idaho. Asian and Native American children and youth appear to be underserved. 15% of CANS entered into the ICANS system had either unknown or other as the race or ethnicity of the child or youth served. DBH addresses the importance of noting race and ethnicity accurately in CANS Training.

CMH CANS Clients count by Race/Ethnicity for SFY 2021



	Asian	Black/	Hispanic/	More	Native	Pacific	White	Other	Total
		African	Latino	than one	American	islander		and	
		American		race				unknown	
Distinct Clients	12	40	489	69	44	3	1602	403	2,659
% by Race Ethnicity	0.5%	1.8%	21.7%	3.1%	2.0%	0.1%	71.0%		
% of Idaho's population	1.6%	0.9%	12.7%	2.5%	1.7%	0.2%	93%		

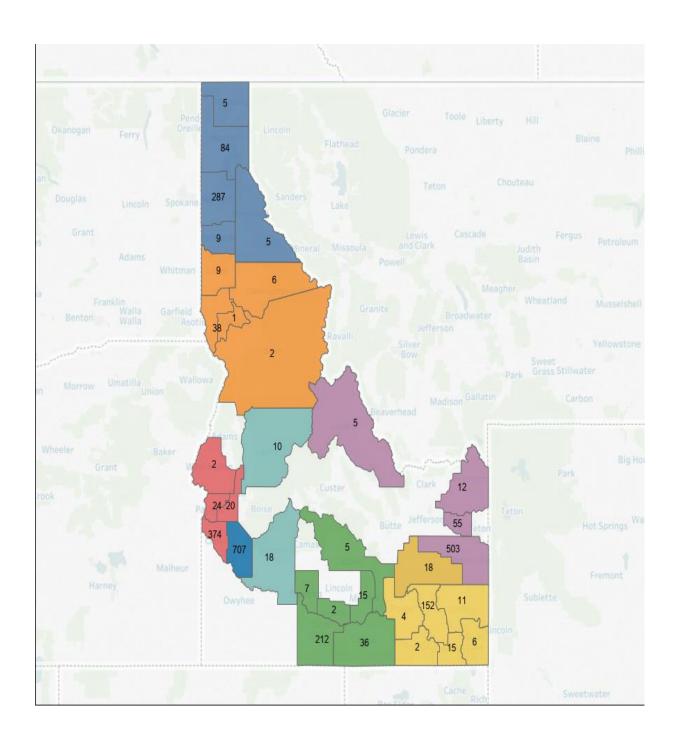
Note: Percentages were based on the total of known races/ethnicities (2256).

#### **By County**

Background: The Agreement requires services to be delivered statewide. Tracking where children and youth are assessed using the CANS provides information about possible gaps in services

Report: As can be seen in the map below showing the number of completed CANS provided in SFYTD 2021, there are 10 counties with "0" completed CANS: Adams, Boise, Butte, Clark, Camas, Custer, Jefferson, Lincoln, Owyhee, and Teton. This is an increase over the 4 counites (noted in blue font) in SFY 2020.

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The following chart compares the number of CANS to the population under 18 in each county. In addition to the 10 counties in which there were no CANS, there were several counites (12) with less than .20% penetration: Bingham, Blaine, Boundary, Gooding, Idaho, Jerome, Latah, Lewis, Oneida, Power, Shoshone, and Washington. This comparison indicates that there are gaps in access to CANS in both rural and frontier counites throughout the state.

COUNTY	Population	CANS	Penetration rate
Ada County	118,078	707	0.60%
Adams County	794	0	0.00%
Bannock County	23,615	152	0.64%
Bear Lake County	1,625	6	0.37%
Benewah County	2,113	9	0.43%
Bingham County	14,445	18	0.12%
Blaine County	5,138	5	0.10%
Boise County	1,384	0	0.00%
•	-		
Bonner County	9,247	84	0.91%
Bonneville County	37,498	503	1.34%
Boundary County	2,776	5	0.18%
Butte County	632	0	0.00%
Camas County	277	0	0.00%
Canyon County	67,475	372	0.55%
Caribou County	2,038	11	0.54%
Cassia County	7,671	36	0.47%
Clark County	182	0	0.00%
Clearwater County	1488	6	0.40%
Custer County	789	0	0.00%
Elmore County	7,185	18	0.25%
Franklin County	4,530	15	0.33%
Fremont County	3,411	12	0.35%
Gem County	4,153	20	0.48%
Gooding County	4,193 3,308	7 2	0.17%
Idaho County  Jefferson County	10,680	0	0.06%
•	-	2	0.03%
Jerome County	7,554	287	0.03%
Kootenai County	38,656		
Latah County	7,785	9	0.12%
Lemhi County	1,526	5	0.33%
Lewis County	855	1	0.12%
Lincoln County	1,562	0	0.00%
Madison County	10,536	55	0.52%
Minidoka County	5,931	15	0.25%
Nez Perce County	8,581	38	0.44%
Oneida County	1,313	2	0.15%
Owyhee County	3,075	0	0.00%
Payette County	6,350	24	0.38%
Power County	2,498	4	0.16%
Shoshone County	2,737	5	0.18%
Teton County	2,964	0	0.00%
Twin Falls County	24,114	212	0.88%
Valley County	2,124	10	0.47%
Washington County	2,352	2	0.09%

#### 5. YES Medicaid Service Utilization

#### **Total Number served-Medicaid/Optum**

Report: In SFYTD 2021 Q1, by the end of September the number of children and youth who had received outpatient mental health service from Medicaid/Optum under the 1915(i) waiver was 2,004 and with other Medicaid was 13,381.

**Service Utilization:** For each service identified, this report contains the distinct number of members between the ages of 0 to 17 who have utilized the service during the time period covered by the report (July 2018 to September 2020). Of note is the potential impact of COVID-19 on utilization beginning in March 2020.

#### Table 1: 1915 (i) Medicaid accessing Services by Quarter - Ages 0 to 17 Only

Description: This table displays the distinct count of Medicaid Members (counted by Medicaid ID), by quarter, who have been identified as having an SED and utilized services at any time between 7/1/2018 to 9/30/2020 and were between the ages of 0 to 17 at the time of service.

Region.	SFY19- Q1 (Jul to Sep)	SFY19- Q2 (Oct to Dec)	SFY19- Q3 (Jan to Mar)	SFY19- Q4 (Apr to Jun)	SFY20- Q1 (Jul to Sep)	SFY20- Q2 (Oct to Dec)	SFY20- Q3 (Jan to Mar)	SFY20- Q4 (Apr to Jun)	SFY21- Q1 (Jul to Sep)
Region 1	98	106	114	129	164	204	231	246	253
Region 2	45	48	55	65	65	66	76	76	84
Region 3	64	73	99	142	199	222	237	266	293
Region 4	90	131	179	232	310	346	385	435	490
Region 5	49	55	70	98	123	139	149	143	154
Region 6	47	51	57	83	91	111	133	149	161
Region 7	301	314	346	384	447	488	513	529	563
Region 9 / Out of State	6	3	0	3	4	1	2	6	6
Total	700	781	920	1,136	1,403	1,577	1,726	1,850	2,004

#### Table 2: All other Medicaid Members accessing Services by Quarter - Ages 0 to 17 Only

Description: This table displays the distinct count of Medicaid Members (counted by MID), by quarter, who have NOT been identified as having an SED and utilized services at any time between 7/1/2018 to 9/30/2020 and were between the ages of 0 to 17 at the time of service.

Region.	SFY19- Q1 (Jul to Sep)	SFY19- Q2 (Oct to Dec)	SFY19- Q3 (Jan to Mar)	SFY19- Q4 (Apr to Jun)	SFY20- Q1 (Jul to Sep)	SFY20- Q2 (Oct to Dec)	SFY20- Q3 (Jan to Mar)	SFY20- Q4 (Apr to Jun)	SFY21- Q1 (Jul to Sep)
Region 1	1,841	1,840	1,983	1,963	1,745	1,729	1,809	1,607	1,586
Region 2	594	575	624	560	508	509	545	446	486
Region 3	3,521	3,578	3,829	4,013	3,594	3,647	3,614	2,902	2,917
Region 4	4,009	4,161	4,307	4,274	3,816	3,816	3,784	3,126	3,131
Region 5	1,506	1,541	1,534	1,562	1,472	1,455	1,570	1,268	1,365
Region 6	1,549	1,584	1,609	1,636	1,554	1,601	1,609	1,488	1,397
Region 7	2,693	2,776	2,827	2,885	2,775	2,788	2,776	2,596	2,444
Region 9 / Out of State	37	40	43	61	70	44	42	39	55
Total	15,750	16,095	16,756	16,954	15,534	15,589	15,749	13,472	13,381

## Medicaid Utilization by Service9

## **Psychotherapy**

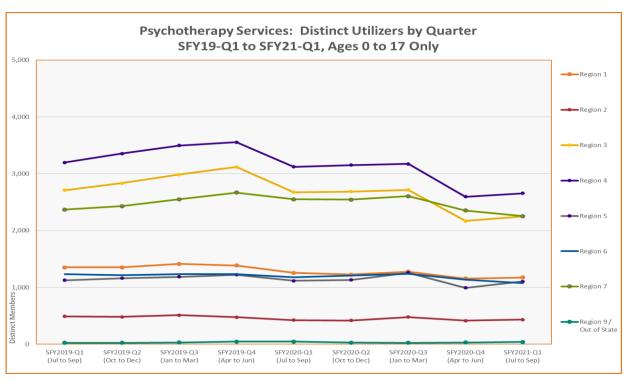
#### Psychotherapy - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

Note: Total distinct utilizer count represents an unduplicated count of utilizers for the given state fiscal year across all

quarters and/or regions combined.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	1,352	490	2,711	3,198	1,127	1,231	2,369	26	12,420
SFY2019-Q2	1,353	480	2,834	3,355	1,162	1,213	2,430	25	12,784
SFY2019-Q3	1,413	512	2,985	3,495	1,187	1,232	2,549	31	13,317
SFY2019-Q4	1,386	474	3,118	3,555	1,221	1,235	2,668	47	13,598
SFY2019 Distinct Total Utilizers	2,296	791	5,025	5,626	2,144	2,092	3,900	91	21,544
SFY2020-Q1	1,255	424	2,675	3,120	1,118	1,177	2,549	47	12,286
SFY2020-Q2	1,225	417	2,685	3,151	1,133	1,206	2,544	29	12,311
SFY2020-Q3	1,278	479	2,716	3,172	1,259	1,237	2,605	25	12,706
SFY2020-Q4	1,156	415	2,170	2,594	994	1,136	2,353	32	10,772
SFY2020 Distinct Total Utilizers	2,049	708	4,422	5,093	2,004	1,954	3,847	91	19,797
SFY2021-Q1	1,174	433	2,246	2,657	1,105	1,075	2,253	40	10,900
SFY2021 Distinct Total Utilizers	1,174	433	2,246	2,657	1,105	1,075	2,253	40	10,900



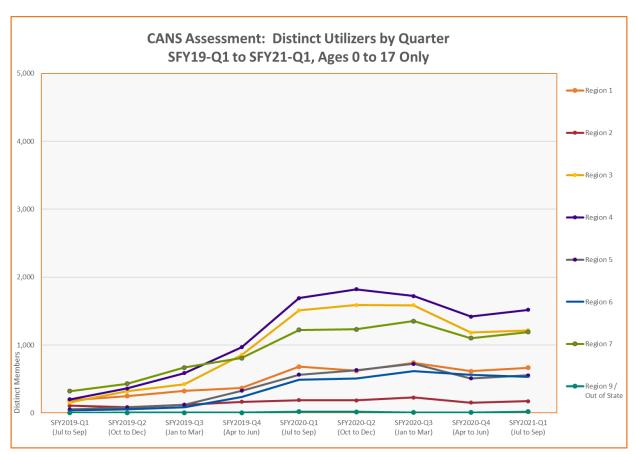
<sup>9</sup> The QMIA-Q report has standardized the graphs so that data can be analyzed more easily - there are graphs that track up to 5,000 services in a quarter, 1,000 services in a quarter, and 100 services in a quarter.

## Child and Adolescent Needs and Strengths (CANS) Assessment

#### CANS Assessment - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	189	107	155	199	52	37	322	2	1,063
SFY2019-Q2	248	85	317	361	77	55	429	4	1,576
SFY2019-Q3	324	123	425	587	120	82	669	3	2,331
SFY2019-Q4	367	163	853	969	327	234	808	5	3,723
SFY2019 Distinct Total Utilizers	736	308	1,180	1,366	489	320	1,402	10	5,779
SFY2020-Q1	682	187	1,511	1,690	564	487	1,222	19	6,358
SFY2020-Q2	620	185	1,587	1,821	631	507	1,230	16	6,596
SFY2020-Q3	738	227	1,586	1,720	724	618	1,353	8	6,972
SFY2020-Q4	615	151	1,182	1,419	508	561	1,101	8	5,544
SFY2020 Distinct Total Utilizers	1,414	422	3,157	3,581	1,398	1,197	2,682	35	13,740
SFY2021-Q1	667	172	1,215	1,519	554	532	1,191	18	5,863
SFY2021 Distinct Total Utilizers	667	172	1,215	1,519	554	532	1,191	18	5,863

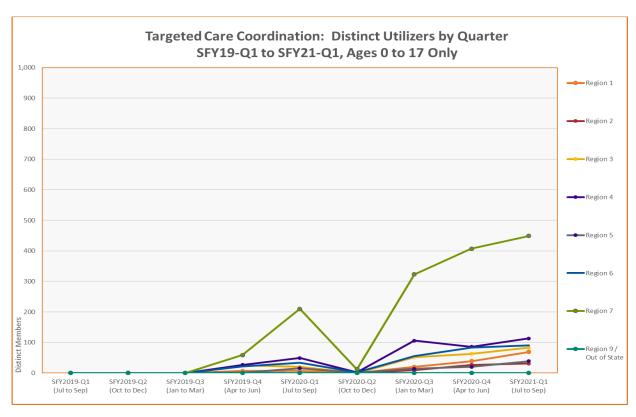


# **Targeted Care Coordination (TCC)**

#### TCC - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	0	0	0	0	0	0	0	0	0
SFY2019-Q2	0	0	0	0	0	0	0	0	0
SFY2019-Q3	0	0	0	0	0	0	0	0	0
SFY2019-Q4	7	1	25	27	1	22	59	1	143
SFY2019 Distinct Total Utilizers	7	1	25	27	1	22	59	1	143
SFY2020-Q1	7	0	20	49	16	34	210	0	336
SFY2020-Q2	0	0	0	2	1	2	12	0	17
SFY2020-Q3	20	10	52	106	14	55	323	0	580
SFY2020-Q4	39	27	63	86	20	83	407	0	723
SFY2020 Distinct Total Utilizers	56	28	104	187	44	112	487	0	1,008
SFY2021-Q1	69	31	83	113	39	91	449	0	874
SFY2021 Distinct Total Utilizers	69	31	83	113	39	91	449	0	874

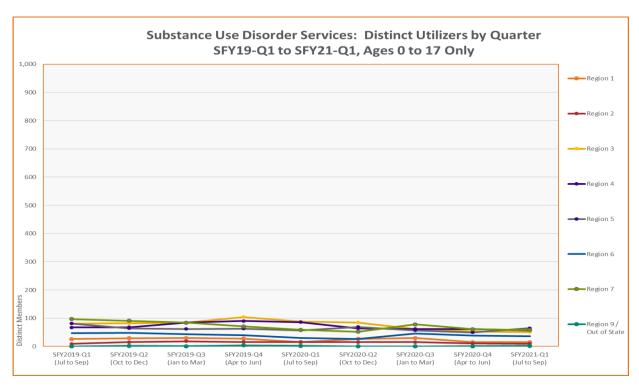


## **Substance Use Disorder (SUD) Services**

#### SUD Services - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	26	9	81	67	81	47	97	0	407
SFY2019-Q2	29	15	82	68	64	48	91	2	399
SFY2019-Q3	30	18	84	84	62	43	84	1	404
SFY2019-Q4	28	16	104	90	63	40	71	4	408
SFY2019 Distinct Total Utilizers	72	31	198	169	160	91	176	6	891
SFY2020-Q1	15	16	88	86	57	30	59	2	352
SFY2020-Q2	27	15	85	64	69	26	52	0	338
SFY2020-Q3	30	15	61	62	57	46	78	0	349
SFY2020-Q4	15	11	53	61	50	39	61	1	290
SFY2020 Distinct Total Utilizers	56	28	162	155	131	69	151	3	752
SFY2021-Q1	15	10	51	57	65	36	58	2	293
SFY2021 Distinct Total Utilizers	15	10	51	57	65	36	58	2	293

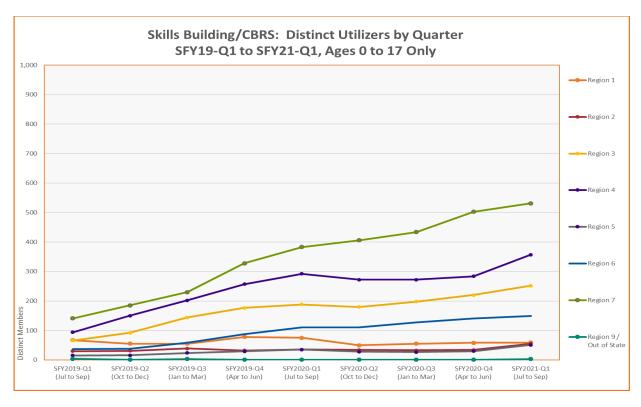


#### Skills Building/CBRS - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

Note: Total distinct utilizer count represents an unduplicated count of utilizers for the given state fiscal year across all quarters and/or regions combined.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	67	30	66	94	15	37	141	4	449
SFY2019-Q2	55	31	92	150	16	38	185	1	564
SFY2019-Q3	55	39	144	202	24	58	230	3	749
SFY2019-Q4	78	32	177	257	29	88	328	1	983
SFY2019 Distinct Total Utilizers	119	57	230	330	34	114	406	6	1,271
SFY2020-Q1	75	35	188	292	35	110	383	1	1,113
SFY2020-Q2	50	34	180	272	28	110	406	1	1,073
SFY2020-Q3	55	33	198	272	27	128	434	1	1,142
SFY2020-Q4	58	34	220	284	30	141	503	1	1,267
SFY2020 Distinct Total Utilizers	115	63	368	482	61	215	687	4	1,971
SFY2021-Q1	59	55	252	357	51	149	531	3	1,448
SFY2021 Distinct Total Utilizers	59	55	252	357	51	149	531	3	1,448



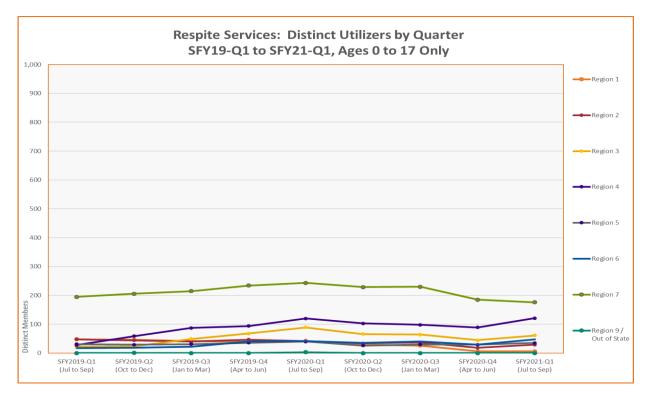
## **Respite Services**

#### Respite Services - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

Note: Total distinct utilizer count represents an unduplicated count of utilizers for the given state fiscal year across all quarters and/or regions combined.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	48	48	22	28	31	17	195	0	388
SFY2019-Q2	46	44	23	59	29	18	206	1	425
SFY2019-Q3	41	40	49	87	31	22	215	0	485
SFY2019-Q4	39	47	68	94	36	40	234	0	557
SFY2019 Distinct Total Utilizers	66	59	84	134	53	51	297	1	738
SFY2020-Q1	42	41	89	120	40	41	243	3	616
SFY2020-Q2	30	34	66	103	26	36	229	0	524
SFY2020-Q3	26	37	64	98	30	40	230	0	525
SFY2020-Q4	6	18	45	89	29	29	185	0	401
SFY2020 Distinct Total Utilizers	54	50	116	187	63	59	339	3	868
SFY2021-Q1	6	29	61	121	35	48	176	0	473
SFY2021 Distinct Total Utilizers	6	29	61	121	35	48	176	0	473

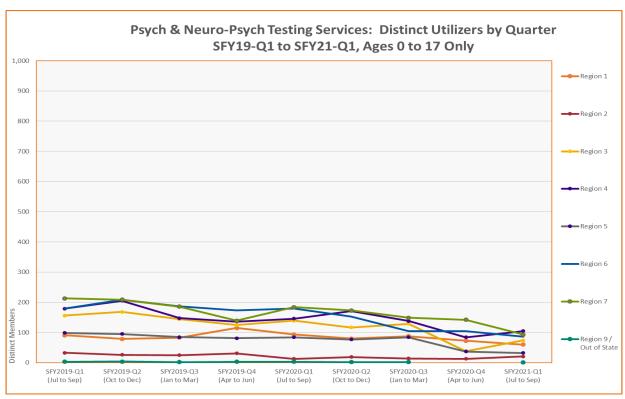


## **Psychological & Neuro-Psychological Testing Services**

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

Note: Total distinct utilizer count represents an unduplicated count of utilizers for the given state fiscal year across all quarters and/or regions combined.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	91	33	156	179	99	179	213	3	948
SFY2019-Q2	79	26	168	205	95	209	209	4	994
SFY2019-Q3	83	25	144	148	85	187	186	2	859
SFY2019-Q4	115	31	125	136	81	173	139	3	801
SFY2019 Distinct Total Utilizers	359	100	545	623	326	567	624	12	3,143
SFY2020-Q1	93	13	139	146	84	180	184	3	842
SFY2020-Q2	80	19	117	171	77	153	173	2	792
SFY2020-Q3	88	14	129	138	84	105	149	2	709
SFY2020-Q4	73	13	38	84	37	105	142		491
SFY2020 Distinct Total Utilizers	330	57	403	520	252	460	632	7	2,660
SFY2021-Q1	60	21	74	105	32	86	93	1	472
SFY2021 Distinct Total Utilizers	60	21	74	105	32	86	93	1	472

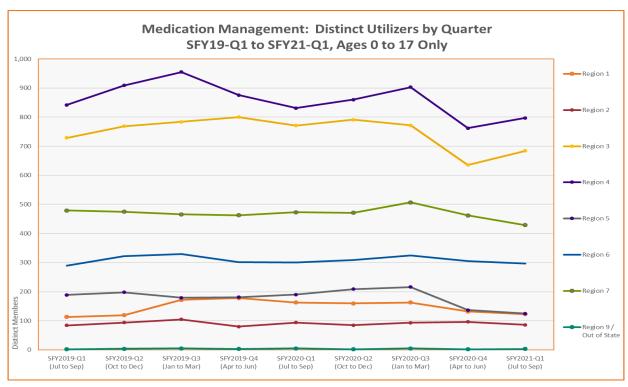


# **Medication Management**

Medication Management - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020. Note: Total distinct utilizer count represents an unduplicated count of utilizers for the given state fiscal year across all quarters and/or regions combined.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	113	84	729	842	189	290	479	2	2,720
SFY2019-Q2	119	94	769	909	198	322	475	4	2,886
SFY2019-Q3	172	105	784	955	179	329	466	5	2,987
SFY2019-Q4	178	80	800	876	181	302	463	3	2,879
SFY2019 Distinct Total Utilizers	251	155	1,319	1,528	294	547	816	9	4,841
SFY2020-Q1	163	94	771	831	190	301	473	5	2,820
SFY2020-Q2	160	85	791	860	209	309	471	2	2,881
SFY2020-Q3	163	93	772	903	216	325	507	5	2,978
SFY2020-Q4	132	96	636	762	137	305	462	2	2,526
SFY2020 Distinct Total Utilizers	246	174	1,234	1,429	327	525	829	10	4,698
SFY2021-Q1	123	86	684	797	125	297	429	3	2,534
SFY2021 Distinct Total Utilizers	123	86	684	797	125	297	429	3	2,534

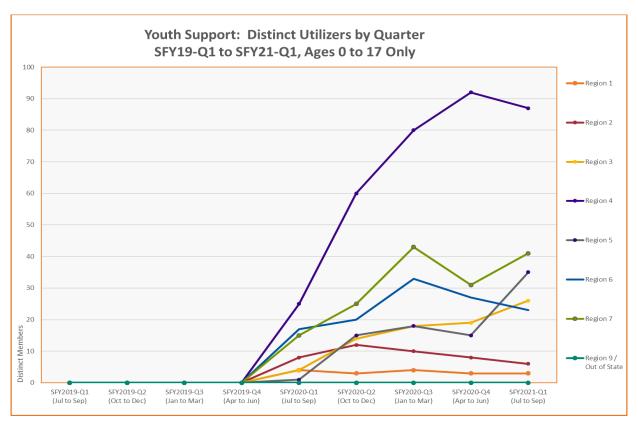


# **Youth Support Services**

#### Youth Support - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	0	0	0	0	0	0	0	0	0
SFY2019-Q2	0	0	0	0	0	0	0	0	0
SFY2019-Q3	0	0	0	0	0	0	0	0	0
SFY2019-Q4	0	0	0	0	0	0	0	0	0
SFY2019 Distinct Total Utilizers	0	0	0	0	0	0	0	0	0
SFY2020-Q1	4	8	4	25	1	17	15	0	74
SFY2020-Q2	3	12	14	60	15	20	25	0	147
SFY2020-Q3	4	10	18	80	18	33	43	0	206
SFY2020-Q4	3	8	19	92	15	27	31	0	195
SFY2020 Distinct Total Utilizers	9	20	29	126	26	57	64	0	329
SFY2021-Q1	3	6	26	87	35	23	41	0	221
SFY2021 Distinct Total Utilizers	3	6	26	87	35	23	41	0	221

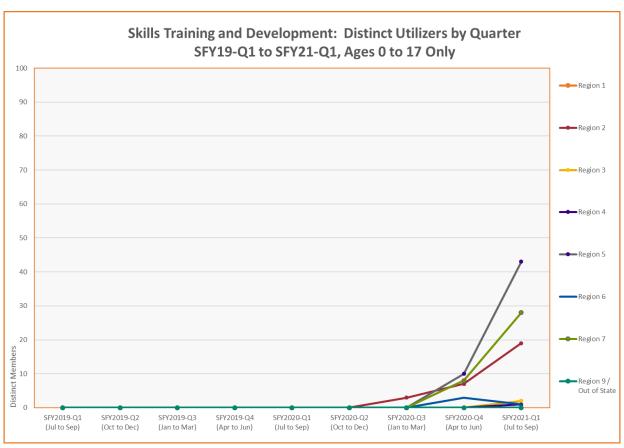


## **Skills Training and Development (STAD)**

#### Skills Training and Development - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
Service Date SFY-Qtr	Distinct Utilizers	Distinct Utilizers							
							Utilizers		
SFY2019-Q1	0	0	0	0	0	0	0	0	0
SFY2019-Q2	0	0	0	0	0	0	0	0	0
SFY2019-Q3	0	0	0	0	0	0	0	0	0
SFY2019-Q4	0	0	0	0	0	0	0	0	0
SFY2019 Distinct Total Utilizers	0	0	0	0	0	0	0	0	0
SFY2020-Q1	0	0	0	0	0	0	0	0	0
SFY2020-Q2	0	0	0	0	0	0	0	0	0
SFY2020-Q3	0	3	0	0	0	0	0	0	3
SFY2020-Q4	0	7	0	0	10	3	8	0	28
SFY2020 Distinct Total Utilizers	0	10			10	3	8	0	31
SFY2021-Q1	0	19	2	1	43	1	28	0	94
SFY2021 Distinct Total Utilizers	0	19	2	1	43	1	28	0	94

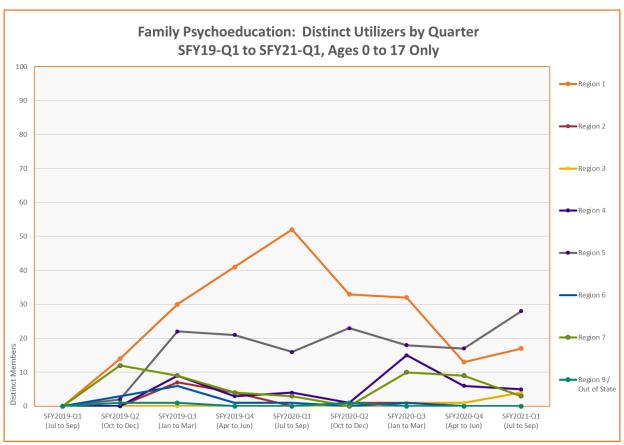


# **Family Psychoeducation**

#### Family Psychoeducation - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	0	0	0	0	0	0	0	0	0
SFY2019-Q2	14	0	0	0	2	3	12	1	32
SFY2019-Q3	30	7	0	9	22	6	9	1	84
SFY2019-Q4	41	4	0	3	21	1	4	0	73
SFY2019 Distinct Total Utilizers	57	10	0	12	45	10	23	1	157
SFY2020-Q1	52	0	0	4	16	1	3	0	76
SFY2020-Q2	33	1	0	1	23	0	0	1	59
SFY2020-Q3	32	1	1	15	18	1	10	0	78
SFY2020-Q4	13	0	1	6	17	0	9	0	46
SFY2020 Distinct Total Utilizers	73	2	1	24	72	2	22	1	197
SFY2021-Q1	17	0	4	5	28	0	3	0	57
SFY2021 Distinct Total Utilizers	17	0	4	5	28	0	3	0	57

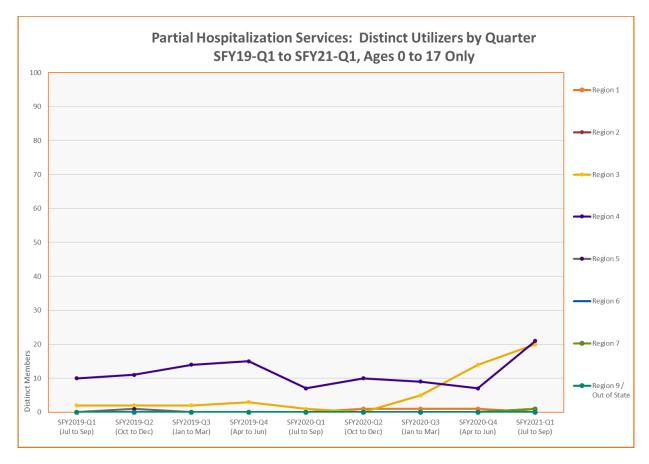


#### Partial Hospitalization Services - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

Note: Total distinct utilizer count represents an unduplicated count of utilizers for the given state fiscal year across all quarters and/or regions combined.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	0	0	2	10	0	0	0	0	12
SFY2019-Q2	0	0	2	11	1	0	0	0	14
SFY2019-Q3	0	0	2	14	0	0	0	0	16
SFY2019-Q4	0	0	3	15	0	0	0	0	18
SFY2019 Distinct Total Utilizers	0	0	6	36	1	0	0	0	43
SFY2020-Q1	0	0	1	7	0	0	0	0	8
SFY2020-Q2	1	0	0	10	0	0	0	0	11
SFY2020-Q3	1	0	5	9	0	0	0	0	15
SFY2020-Q4	1	0	14	7	0	0	0	0	22
SFY2020 Distinct Total Utilizers	3	0	20	27	0	0	0	0	50
SFY2021-Q1	0	0	20	21	1	0	1	0	43
SFY2021 Distinct Total Utilizers	0	0	20	21	1	0	1	0	43

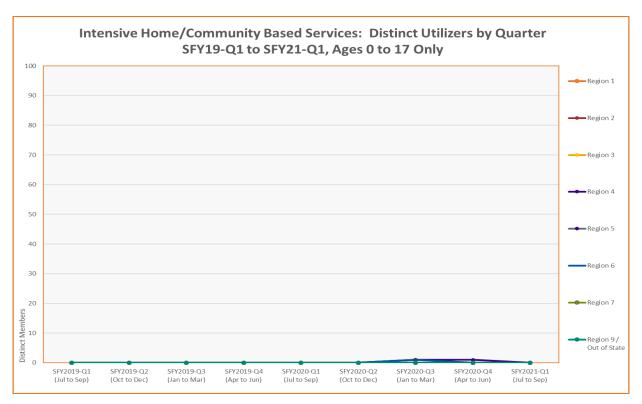


## **Intensive Home/Community Based Services (IHCBS)**

#### IHCBS - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	0	0	0	0	0	0	0	0	0
SFY2019-Q2	0	0	0	0	0	0	0	0	0
SFY2019-Q3	0	0	0	0	0	0	0	0	0
SFY2019-Q4	0	0	0	0	0	0	0	0	0
SFY2019 Distinct Total Utilizers	0	0	0	0	0	0	0	0	0
SFY2020-Q1	0	0	0	0	0	0	0	0	0
SFY2020-Q2	0	0	0	0	0	0	0	0	0
SFY2020-Q3	1	0	0	1	0	1	0	0	3
SFY2020-Q4	0	0	0	1	0	0	0	0	1
SFY2020 Distinct Total Utilizers	1	0	0	1	0	1	0	0	3
SFY2021-Q1	0	0	0	0	0	0	0	0	0
SFY2021 Distinct Total Utilizers	0	0	0	0	0	0	0	0	0

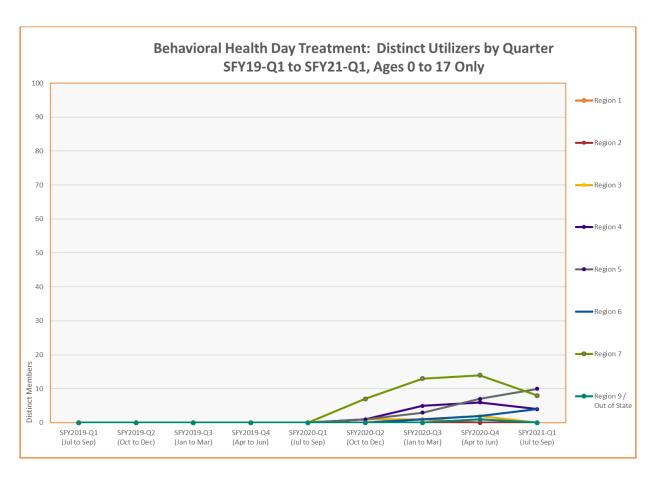


## **Behavioral Health Day Treatment**

#### Day Treatment - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	0	0	0	0	0	0	0	0	0
SFY2019-Q2	0	0	0	0	0	0	0	0	0
SFY2019-Q3	0	0	0	0	0	0	0	0	0
SFY2019-Q4	0	0	0	0	0	0	0	0	0
SFY2019 Distinct Total Utilizers	0	0	0	0	0	0	0	0	0
SFY2020-Q1	0	0	0	0	0	0	0	0	0
SFY2020-Q2	0	0	1	1	1	0	7	0	10
SFY2020-Q3	1	0	1	5	3	1	13	0	24
SFY2020-Q4	0	0	2	6	7	2	14	1	31
SFY2020 Distinct Total Utilizers	1	0	2	7	8	3	20	1	41
SFY2021-Q1	0	0	0	4	10	4	8	0	26
SFY2021 Distinct Total Utilizers	0	0	0	4	10	4	8	0	26

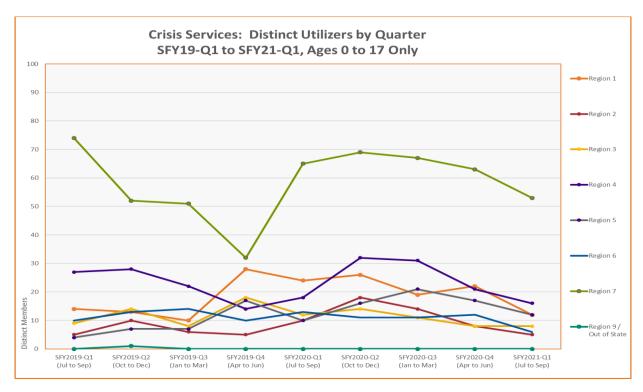


## **Crisis Services**

#### Crisis Services- Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	14	5	9	27	4	10	74	0	143
SFY2019-Q2	13	10	14	28	7	13	52	1	138
SFY2019-Q3	10	6	8	22	7	14	51	0	118
SFY2019-Q4	28	5	18	14	17	10	32	0	124
SFY2019 Distinct Total Utilizers	56	23	47	73	33	42	180	1	453
SFY2020-Q1	24	10	12	18	10	13	65	0	152
SFY2020-Q2	26	18	14	32	16	11	69	0	186
SFY2020-Q3	19	14	11	31	21	11	67	0	173
SFY2020-Q4	22	8	8	21	17	12	63	0	151
SFY2020 Distinct Total Utilizers	74	43	44	95	61	46	239	0	599
SFY2021-Q1	12	5	8	16	12	6	53	0	112
SFY2021 Distinct Total Utilizers	12	5	8	16	12	6	53	0	112

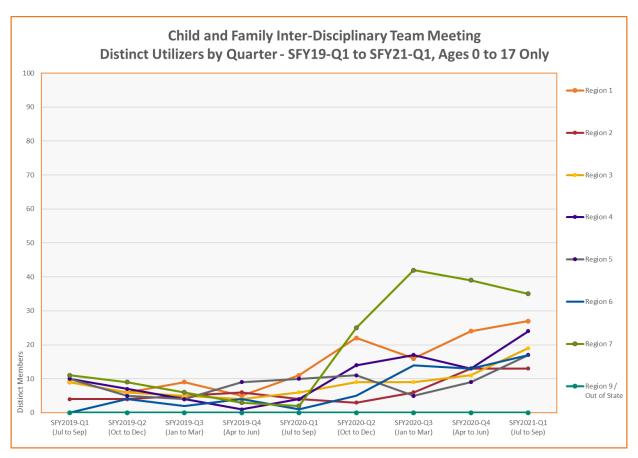


## **Child and Family Inter-Disciplinary Team Meeting**

#### CFT Meeting - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
Service Date SFY-Qtr	Distinct Utilizers	Distinct Utilizers							
SFY2019-Q1	9	4	9	10	10	0	11	0	53
SFY2019-Q2	6	4	6	7	5	4	9	0	41
SFY2019-Q3	9	5	5	4	4	2	6	0	35
SFY2019-Q4	5	6	4	1	9	4	3	0	31
SFY2019 Distinct Total Utilizers	27	16	20	22	23	8	28	0	143
SFY2020-Q1	11	4	6	4	10	1	2	0	38
SFY2020-Q2	22	3	9	14	11	5	25	0	89
SFY2020-Q3	16	6	9	17	5	14	42	0	109
SFY2020-Q4	24	13	11	13	9	13	39	0	122
SFY2020 Distinct Total Utilizers	59	19	30	41	33	25	105	0	312
SFY2021-Q1	27	13	19	24	17	17	35	0	152
SFY2021 Distinct Total Utilizers	27	13	19	24	17	17	35	0	152

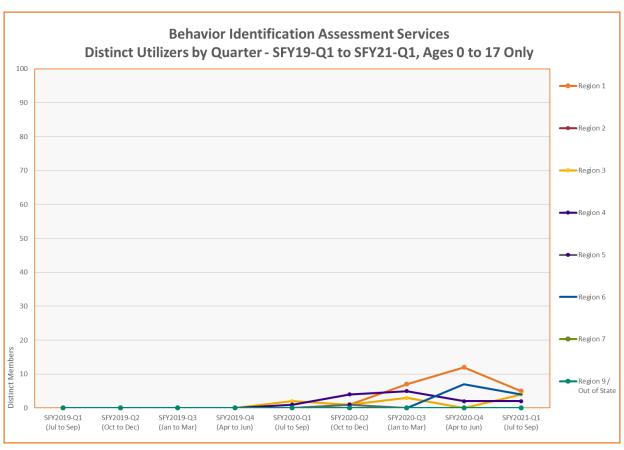


## **Behavior Identification Assessment Services**

#### Behavior Identification Assessment Services - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	0	0	0	0	0	0	0	0	0
SFY2019-Q2	0	0	0	0	0	0	0	0	0
SFY2019-Q3	0	0	0	0	0	0	0	0	0
SFY2019-Q4	0	0	0	0	0	0	0	0	0
SFY2019 Distinct Total Utilizers	0	0	0	0	0	0	0	0	0
SFY2020-Q1	0	0	2	1	0	0	0	0	3
SFY2020-Q2	1	0	1	4	1	0	0	0	7
SFY2020-Q3	7	0	3	5	0	0	0	0	15
SFY2020-Q4	12	0	0	2	0	7	0	0	21
SFY2020 Distinct Total Utilizers	20	0	4	9	1	7	0	0	41
SFY2021-Q1	5	0	4	2	0	4	0	0	15
SFY2021 Distinct Total Utilizers	5	0	4	2	0	4	0	0	15

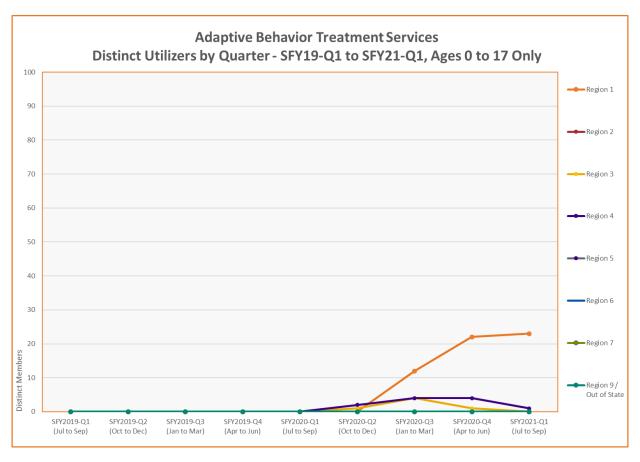


# **Adaptive Behavior Treatment Services**

#### Adaptive Behavior Treatment Services - Distinct service utilizers per Region/Quarter

Description: This table displays distinct number of members between the ages of 0 to 17, by quarter who utilized the indicated service between 7/1/2018 to 9/30/2020.

	Region 1	Region 2	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9 / Out of State	Total
	Distinct	Distinct							
Service Date SFY-Qtr	Utilizers	Utilizers							
SFY2019-Q1	0	0	0	0	0	0	0	0	0
SFY2019-Q2	0	0	0	0	0	0	0	0	0
SFY2019-Q3	0	0	0	0	0	0	0	0	0
SFY2019-Q4	0	0	0	0	0	0	0	0	0
SFY2019 Distinct Total Utilizers	0	0	0	0	0	0	0	0	0
SFY2020-Q1	0	0	0	0	0	0	0	0	0
SFY2020-Q2	0	0	1	2	0	0	0	0	3
SFY2020-Q3	12	0	4	4	0	0	0	0	20
SFY2020-Q4	22	0	1	4	0	0	0	0	27
SFY2020 Distinct Total Utilizers	23	0	4	4	0	0	0	0	31
SFY2021-Q1	23	0	0	1	0	0	0	0	24
SFY2021 Distinct Total Utilizers	23	0	0	1	0	0	0	0	24



#### Medicaid

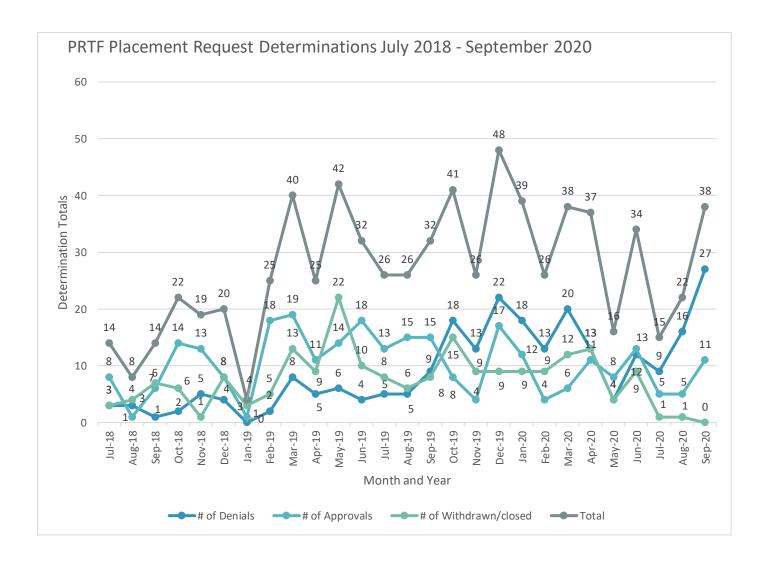
#### Children's Medicaid Placement Requests- PRTF

All new Medicaid placement requests received have four potential results, including those that are approved, denied, withdrawn, or technically denied/closed.

- Approved (A) Approved for placement in Psychiatric Residential Treatment Facility (PRTF); Medicaid works with the member's family to secure a placement in an approved PRTF.
- Denied (D)— Denied placement in PRTF; Medicaid works with the member's representatives and other entities such as Optum Idaho, DBH, or FACS to set up appropriate treatment options.
- Withdrawn (W)— Requestor, such as parent, guardian, or case worker with Children's DD, if in state custody, decided not to continue with their request (represented below as W/C).
- Technically Denied or Closed (C)- Additional information requested, but not received (represented below as W/C)

#### Psychiatric Residential Treatment Facility (PRTF):

#### 1. PRTF Application Requests/ Approvals/Denials/Withdraws or Closures



### PRTF SFY 2019

Month	Denials	Approvals	Withdrawn/Closed	Total
Jul-18	3	8	3	14
Aug-18	3	1	4	8
Sep-18	1	6	7	14
Oct-18	2	14	6	22
Nov-18	5	13	1	19
Dec-18	4	8	8	20
Jan-19	0	1	3	4
Feb-19	2	18	5	25
Mar-19	8	19	13	40
Apr-19	5	11	9	25
May-19	6	14	22	42
Jun-19	4	18	10	32
Total	43	131	91	265
Percent of Total	16.2%	49.4%	34.3%	

## PRTF SFY 2020

Month	Denials	Approvals	Withdrawn/Closed	Total
Jul-19	5	13	8	26
Aug-19	5	15	6	26
Sep-19	9	15	8	32
Oct-19	18	8	15	41
Nov-19	13	4	9	26
Dec-19	22	17	9	48
Jan-20	18	12	9	39
Feb-20	13	4	9	26
Mar-20	20	6	12	38
Apr-20	13	11	13	37
May-20	4	8	4	16
Jun-20	12	13	9	34
Total	152	113	111	376
Percent of Total	40.4%	30.1%	29.5%	

## PRTF SFYTD 2021- 1st Q

Month	Denials	Approvals	Withdrawn/Closed	Total
Jul-20	9	5	1	15
Aug-20	16	5	1	22
Sep-20	27	11	0	38
Total	52	21	2	75
Percent of Total	69.3%	28.0%	2.7%	

During Q1 of SFY 2021, Medicaid received a total of 106 requests for Children's Medicaid PRTF placement. During that quarter there were 75 applications with a final disposition: 21 were approved (28%) 52 were denied (69%), 2 were withdrawn or closed for technical reasons (3%).

There has been a trend over the past 2+ years of increasing applications and percent of denials. These increased number of applications may be due to increases in the population and/or increased information available on how to access services. The root cause of the increase in the percentage of denials has not been analyzed.

#### 2. PRTF Admits and discharges per month

#### **SFY 2020**

	July 19	Aug 19	Sept 19	Oct 19	Nov 19	Dec 19	Jan 20	Feb 20	Mar 20	Apr 20	May 20	June 20	Total
Admits	5	9	10	10	5	7	15	11	5	6	10	5	98
Discharges	3	3	3	4	2	9	1	2	6	8	9	5	55

Admit and Discharge Data is not available for Q1 SFY 2021- will report Q1 in next QMIA-Q

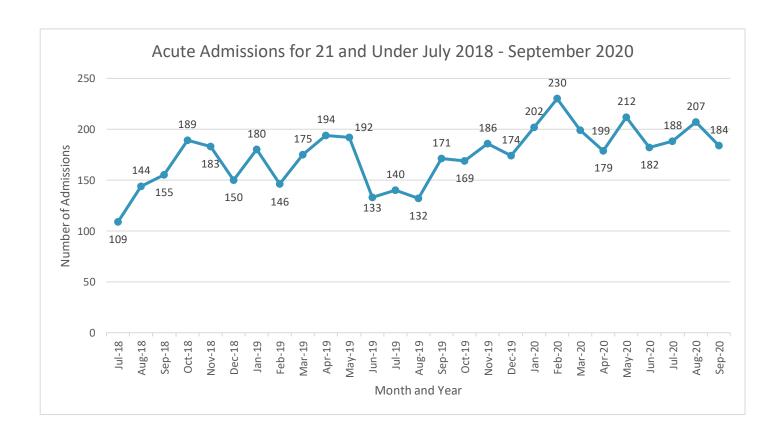
3. PRTF Average length of stay (ALOS) for the time period: SFY 2020= 141.66 Days

ALOS Data is not available for Q1 SFY 2021- Medicaid will report Q1 in next QMIA-Q

#### 4. Medicaid hospitalization

Hospitalization Admits per month (Medicaid is reporting hospital admits for 21 years of age and under)

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Total
SFY 2019	109	144	155	189	183	150	180	146	175	194	192	133	1950
SFY 2020	140	132	171	169	186	174	202	230	199	179	212	182	2176
SFYTD 2021	188	207	184										



On average there has been a notable trend for more admits per month:

- SFY 2019 1950 / 12 = 162.5
- SFY 2020 2176 / 12 = 181.3
- SFYTD 2021 579 / 3 = 193.0

This may be due partially to increases in population

- 1. **Hospital Discharges per month**Unavailable not reported to Telligen
- 2. **Hospital Average length of stay for the time period**:, SFY 2020 6.77 Days (This is approved length of stay. It may not be actual length of stay.)

ALOS Data is not available for Q1 SFY 2021- Medicaid will report Q1 in next QMIA-Q

#### 6. YES DBH Service Utilization

Background: DBH provides some children's mental health services not currently provided by Medicaid/Optum: Vouchered Respite, Wraparound, Parenting with Love and Limits (PLL), State Hospital South (SHS), and residential placements paid for by DBH (for children and youth who are not Medicaid eligible or who have Medicaid but were denied placement in PRTF).

#### **DBH Vouchered Respite**

The Children's Mental Health Voucher Respite Care program is available to parents or caregivers of youth with serious emotional disturbance to provide short-term or temporary respite care by friends, family, or other individuals in the family's support system. Through the voucher program, families pay an individual directly for respite services and are then reimbursed by the division's contractor.

A single voucher may be issued for up to \$600 for six months per child. Two vouchers can be issued per child per year.

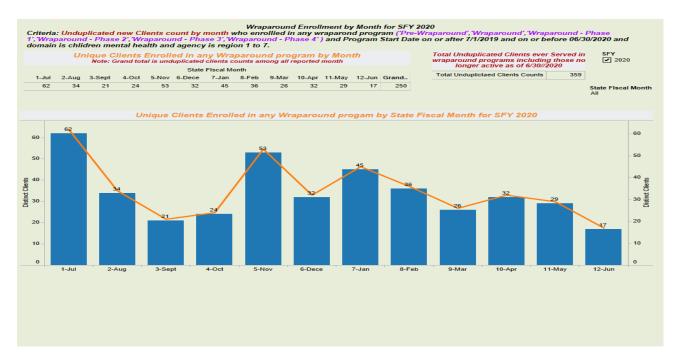
Voucher Respite	July 2020	August 2020	September 2020	Total
Region 1	9	6	4	19
Region 2	3	1	0	4
Region 3	2	3	3	8
Region 4	16	11	17	44
Region 5	0	0	0	0
Region 6	0	3	4	7
Region 7	36	32	16	84
Total Clients	66	56	44	166

#### **DBH Wraparound Intensive Services (WInS)**

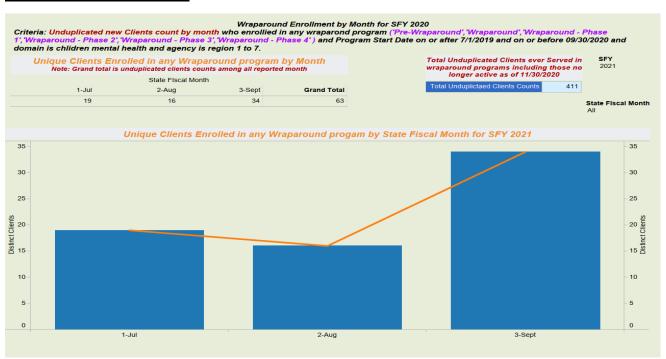
It is estimated that approximately 1,350 children and youth in Idaho may need Wraparound services During SFY 2020, 359 children and youth received Wrapround services and since the initial implementation of Wrapround in Idaho, in January of 2018, 410children and families have received WInS. The number of new cases opened in March, April, May and June was lower than the preceding months primarily due to the impact of COVID. It is notable that the number of new Wraparound families did increase to 34 in September.

DBH is working to increase the capacity of Wraparound by providing additional training in SFY 2021.

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	March	April	May	June	Total
SFY 2020	62	34	21	24	53	32	45	36	26	32	29	17	
SFYTD 2021	19	16	34										



## **DBH Wraparound SFYTC- Q1**



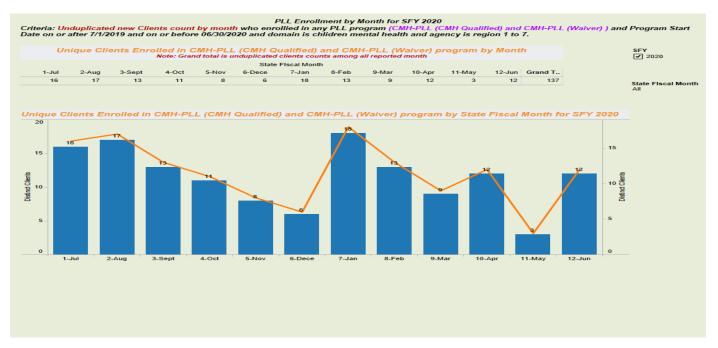
## **DBH Parenting with Love and Limits -**

The evidence-based practice called Parenting with Love and Limits (PLL) is offered through the regional DBH CMH clinics in regions across the state. The total number of children, youth and families who received PLL services between July and June 2020 is 137.

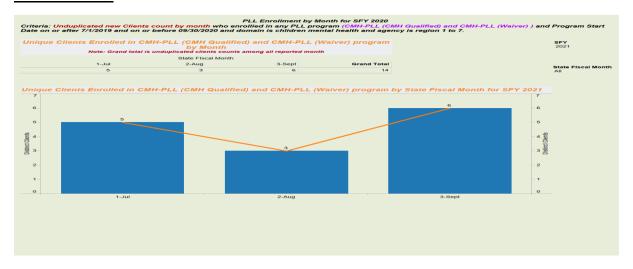
	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	March	April	May	June	Total
SFY 2020	16	17	13	11	8	6	18	13	9	12	3	12	137
SFYTD 2021	5	3	6										14

The number of families receiving PLL has trended downward substantially for SFYTD 2021

## **PLL SFY 2020**



## PLL DFYTD- Q1



## **DBH Residential placements:**

	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	SFY Undup
2020- CMH-Residential	8	3	4	3	2	2	4	4	6	6	6	8	17
2021 CMH Residential	9	9	14										

DBH experienced an increased number of residential placements SFYTD 2021 Q1 vs SFY 2020 Q1

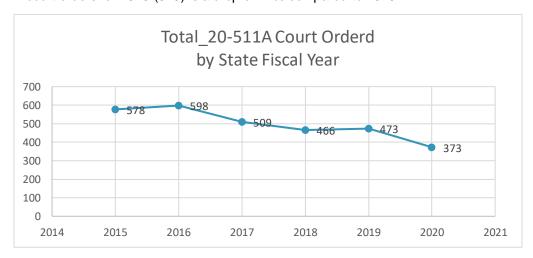
## **DBH State Hospital South (SHS):**

CMH SHS	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	SFY Undup
2020	17	20	18	18	22	21	21	23	25	24	25	21	94
2021	28	24	30										

DBH experienced an increased number of admits SFYTD 2021 Q1 vs SFY 2020 Q1.

## **DBH 20-511A:**

The number of 20-511A court ordered cases has dropped overall from an annual high of 598 in 2016 to 373 in 2020. The number of 20-511A court orders for 2020 (373) is a drop of 21% compared to 2019.



20-511a Criteria: This dashboard list all 20-511a orderd in a State fiscal year (SFY is calculated based on order date) and also list if there was a CANS done for client for SFY 2021

INTAKE_AGENCY_NAME	# of 20-511a Ordered 📮	Distinct Clients 20-511a with a CANS
IDHW, DBH, Region 7	21	11
IDHW, DBH, Region 4	14	6
IDHW, DBH, Region 1	11	4
IDHW, DBH, Region 6	7	4
IDHW, DBH, Region 5	6	3
IDHW, DBH, Region 3	2	1
IDHW, DBH, Region 2	2	1
Grand Total	63	30

## Family and Community Services (FACS)

DBH and FACS are working together on a plan for including data in the QMIA-Q reports on children and youth in foster care in future QMIA-Q reports. We will be collaborating on data that will allow us to assess children in foster care who have had a CANS. The data is delayed this quarter based on a major change in their data systems.

Month	July	August	September	October
Children in Care in the Month	1,640	1,648	1,600	1,609

## **Idaho Department of Juvenile Corrections (IDJC)**

DBH and IDJC are working together on a plan for including data in the QMIA-Q reports on children and youth in the juvenile justice system in future QMIA-Q reports. We are finalizing a data use agreement that will allow us to share CANS data. The IDJC is helping to fund a project in the current WITS system to allow for some automation of data.

## State Department of Education (SDE)

DBH and SDE are working together on a plan for including data in the QMIA -Q reports on children and youth in future QMIA-Q reports.

## 7. YES Family Perception of Service Quality and Satisfaction

## The QMIA Family Advisory Subcommittee (Q-FAS)

The Q-FAS presents an opportunity to gather and learn from family's stories. Q-FAS solicits family members' and family advocates' first-hand input on family's experiences accessing and utilizing YES services. The feedback received about successes, challenges, and barriers to care is used to identify areas that need increased focus and to prioritize quality improvement projects. This subcommittee helps to guide YES partners work, providing children, youth, and families in Idaho access to appropriate and effective mental health care.

A new section of the Quarterly Rights and Resolution report will be to report issues raised by the QFAS. While these issues may not be associated with actual data, it is believed that the issues should be noted and tracked as part of the QMIA structure. At the December meeting of the Q-FAS, family advocates discussed concerns about the time between approval for EPSDT services and other high intensity care, such as Wrapround, and the actual start of services. It was noted that for some individuals/families this can be weeks or even months and families may have few to no resources to help them during this wait time. QMIA Council is looking into ways this could be tracked, monitored, and/or alleviated.

## YES Perception of Care - BSU Survey

In the spring of 2020, Boise State University (BSU) conducted a survey on behalf of YES partners to assess the experience of care based on family input. Surveys were sent to almost 4,000 households and 352 caregivers responded. The results of the survey pointed out both areas of strength and areas in which improvement is needed. The QMIA Council is working on the development of a quality improvement project (QIP) related to the results of the survey:

QIP	for BSU Parent Survey Res	sults
Indicators of Success		Notes
Services focus on what my child is good at not just problems	DBH providing training	
Youth was an active participant in planning	DBH providing training	
Provider regularly measures child progress towards goals	DBH providing training	
Crisis/safety plan useful in times of crisis	QMIA goal	
Other identified areas of concern		
Knows who to contact with concerns and complaints	QMIA	
Easily access services my child needs most	Case Management, Care Coordination:	Navigation
		Types of services that may not be
		available or long wait list as an
		example: Respite, CBRS
CANS helped develop share goals	One Kid, One CANS? DBH providing training	
CANS and eligibility for services	One Kid, One CANS?  DBH providing training	

The YES Quality Management Improvement and Accountability team believes that each complaint received offers an opportunity to improve the system for youth and families. The complaints system is one of several mechanisms constructed within YES to place youth and families at the center of their care.

Table 1: Total Complaints and Appeals in 1st quarter, State Fiscal Year 2021

	Division of Behavioral Health\ (DBH)	Division of Medicaid <sup>10</sup>	Division of Medicaid Member Appeals	Department of Juvenile Corrections (IDJC)	•	State Department of Education (SDE) 11	Total
1st Q	0	3	0	7	0	-	11

In the 1st quarter of SFY 2021, there were eleven YES-related complaints across all YES partners, and 0 (zero) appeals across the system.

- \* Of those seven complaints, seven were submitted by youth, three by parents, and one Other
- \* Issues were identified in the following categories: Service, Access and Clinical [services].

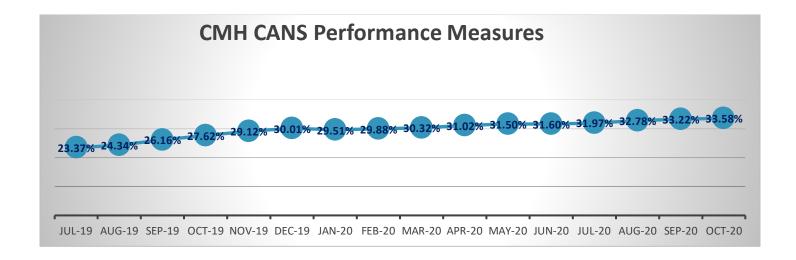
<sup>11</sup> Complaints reported by the SDE are not necessarily complaints related to mental health services as their federally required reporting system does not filter complaints based on the child's disability.

 $<sup>^{10}</sup>$  Includes information from Optum Idaho, the Medicaid Idaho Behavioral Health Plan.

## 8. YES Outcomes

**Background:** A measure of outcomes of the YES system is the number of children that have had at least three CANS assessments and have shown a reduction in need as evidenced by a change (decrease) in the overall CANS rating. For example: a child who started with an overall CANS rating of 3 improved to at least a rating of 2 or better over 3 rating periods.

Report: Statewide CANS ratings continue to demonstrate improvement.



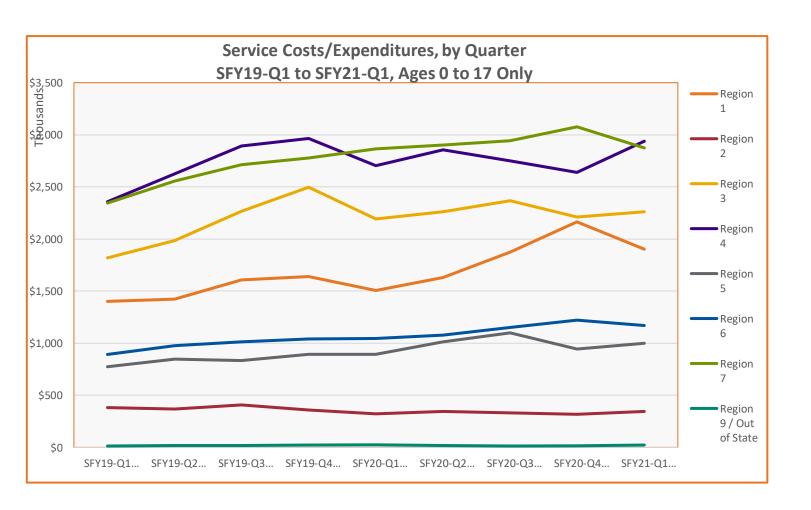
## 9. YES Medicaid Expenditures

Medicaid spending for mental health services for children and youth in SFY 2021.

## Service Costs - 7/1/2018 to 9/30/2020 - Ages 0 to 17 Only

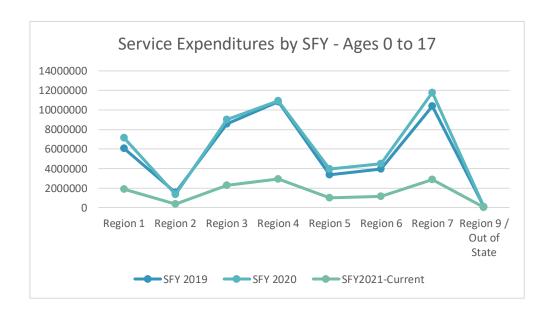
Description: This table displays the total dollars paid, by quarter, for services rendered to members between the ages of 0 to 17 between service date range 7/1/2018 to 9/30/2020.

Region.	SFY19-Q1 (Jul to Sep)	SFY19-Q2 (Oct to Dec)	SFY19-Q3 (Jan to Mar)	SFY19-Q4 (Apr to Jun)	SFY20-Q1 (Jul to Sep)	SFY20-Q2 (Oct to Dec)	SFY20-Q3 (Jan to Mar)	SFY20-Q4 (Apr to Jun)	SFY21-Q1 (Jul to Sep)
Region 1	1,401,287.49	1,424,777.88	1,607,563.24	1,639,704.49	1,507,827.79	1,632,258.94	1,874,189.31	2,164,168.70	1,900,571.15
Region 2	380,942.90	366,544.47	407,470.91	356,614.22	320,375.56	347,238.28	331,122.34	317,557.83	345,744.76
Region 3	1,818,623.80	1,984,375.39	2,264,794.78	2,496,702.62	2,190,268.77	2,261,175.07	2,365,412.00	2,208,664.44	2,262,496.19
Region 4	2,357,851.06	2,625,805.67	2,893,159.64	2,964,517.67	2,704,888.71	2,857,209.37	2,749,413.89	2,639,213.54	2,936,412.88
Region 5	774,030.71	847,607.43	832,623.38	891,129.63	890,938.45	1,012,748.96	1,099,228.63	944,802.06	998,978.03
Region 6	891,965.94	975,474.11	1,014,995.41	1,038,830.03	1,045,575.78	1,077,506.08	1,149,639.97	1,221,176.35	1,169,959.01
Region 7	2,344,483.69	2,554,331.28	2,711,916.67	2,774,990.75	2,865,500.13	2,900,517.78	2,943,903.35	3,076,362.13	2,872,559.49
Region 9 / Out of State	15,396.96	18,085.23	17,356.32	22,228.01	24,777.58	19,280.83	15,375.47	15,147.19	21,509.51
Total	9,984,582.55	10,797,001.46	11,749,880.35	12,184,717.42	11,550,152.77	12,107,935.31	12,528,284.96	12,587,092.24	12,508,231.02



## Medicaid expenditures compared to previous SFY

Region	SFY 2019	SFY 2020	SFY2021- Current
Region 1	6,073,333.10	7,159,264.12	1,887,209.34
Region 2	1,511,572.50	1,316,090.51	343,792.99
Region 3	8,564,643.13	9,024,528.75	2,253,669.27
Region 4	10,841,334.04	10,948,702.13	2,924,148.21
Region 5	3,345,542.26	3,947,206.36	994,805.00
Region 6	3,921,265.49	4,492,427.58	1,161,450.45
Region 7	10,385,722.39	11,786,381.35	2,862,694.36
Region 9 / Out of State	73,066.52	74,678.12	21,509.51
Total	44,716,479.43	48,749,278.92	12,449,279.13



Note: The total amount noted for Q1 SFY2021 differs slightly for the previous charts due to data being pulled at a different point in time (claims continue to be processed for 6 months).

## 10. Supplementary Section of the QMIA Quarterly Report:

The Supplementary QMIA Report is assembled with information about children, youth, and families in Idaho and from data collected by the Department of Health and Welfare's Divisions of Behavioral Health (DBH), Medicaid, and Family and Community Services (FACS), as well as the Idaho Department of Juvenile Corrections (IDJC), and the Idaho State Department of Education (SDE). Data in the Supplementary Report may vary each quarter based on availability. Data in the supplemental portion of the QMIA Quarterly may include more detailed descriptions of youth receiving services, access and barriers to care such as gaps in services, workforce development, youth and family experience and engagement, appropriate use of services, effectiveness of services and quality improvement projects.

## Access to YES- Medicaid/Optum

A comparison across the state compared to the total Idaho population age 0-18\* indicates that the average number of children and youth served in SFY 2020 per thousand is 62. Regions 3 and 7 served more than the average while regions 2, 4, 5, and 6 were below the average. Region 1 was approximately the same as the average. Region 2 had the lowest number service per thousand.

SFY 2020- Rate per thousand regional population\* - total population under 18

Region	1	2	3	4	5	6	7	Total
#'s served	3,451	1,023	6,727	7,117	2,953	3,057	5,323	29,672
Idaho youth Population 2019	56,753	25,631	85,805	130,947	59,547	53,627	69,294	481,604
Number in 1000s	57	26	86	131	60	54	69	482
Rate per 1,000	61	40	78	54	50	57	77	62

<sup>\*</sup>Note Census estimate is based on 0-18 while YES serves 0-17.

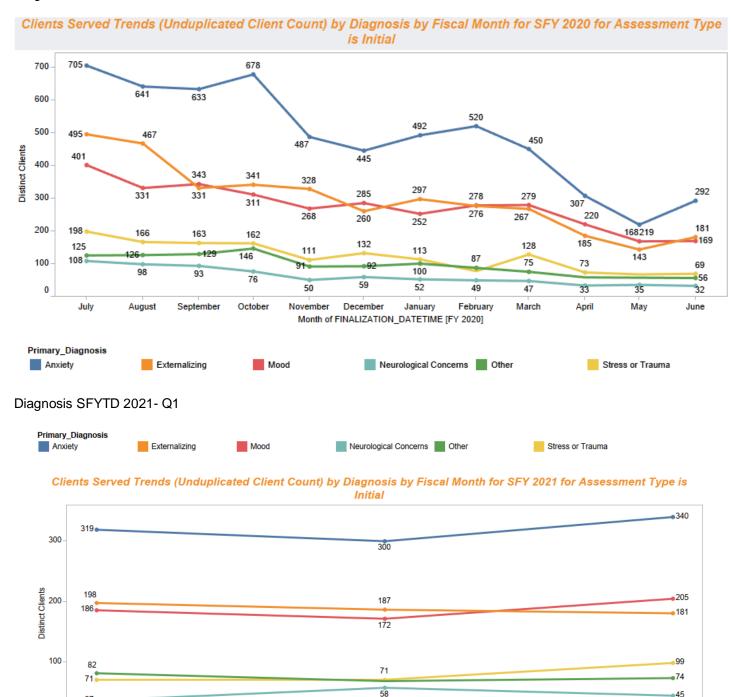
## **Diagnosis and Needs**

SFYTD 2021: Rate per thousand Medicaid members – total Medicaid members under 18

	Q2 SFY 2021	Q3 SFY 2019	Q4 SFY 2019	Q! SFY 2020	Q2 SFY 2020	Q3 SFY 2020	Q4 SFY 2020	Q1 SFY 2021
Total Utilizers	16,450	16,876	17,676	18,090	16,937	17,475	15,322	15,385
Total Distinct members	200,329	201,411	193,888	196,143	192,454	178,005	181,831	186,163
Percent Utilizers	8.21%	8.38%	9.12%	9.22%	8.8-%	9.82%	8.43%	8.26%
Rate Per 1,000	82	84	91	92	88	98	84	83

The following charts are based on Diagnosis data from the ICANS system. Anxiety is the most frequent diagnosis, although there may be a downward trend.

## Diagnosis SFY 2020



August

Month of FINALIZATION\_DATETIME [FY 2021]

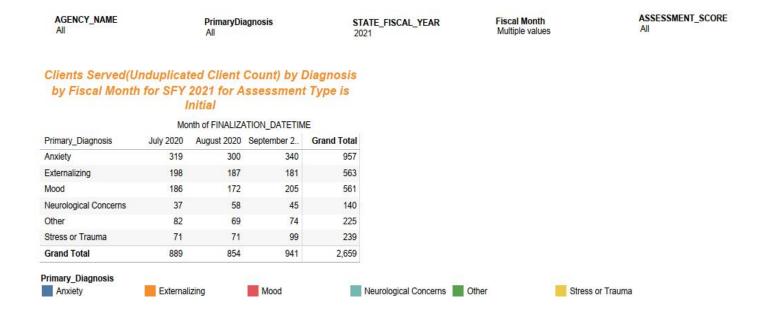
## Diagnosis by month

37

July

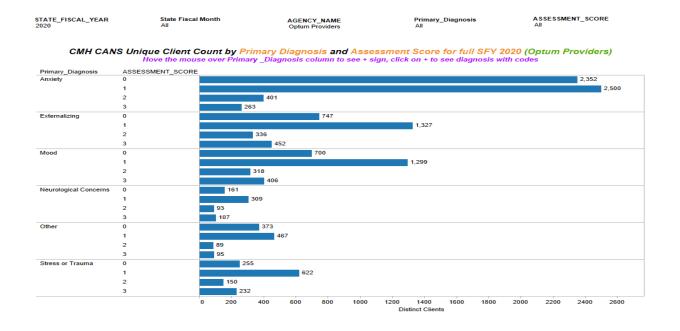
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September



## Diagnosis by Medicaid/Optum Network-

The largest number of children and youth served by Optum are children and youth with a diagnosis of Anxiety with CANS assessment ratings of 0 or 1.



Are children safe, in school and out of trouble?

DBH has begun using the CANS data to assess if children and youth are safe, in school and out of trouble. Each of the following charts is information from the CANS at intake.

## Safe:

The first 2 charts show the results of the items on the CANS related to "safety" and risk at the time the CANS was completed for SFY 2020 and Q1 of SFY 2021.

SFY 2020

## Q1 SFY 2021

				CMF	CANS	Clients (SAI	FE)
			SUICIDE_WA	ATCH			
	Null	0	1	2	3	Grand Total	SUICIDE_WATCH Assessment Score
Suicide Watch	1	1,994	551	112	16	2,659	Applies to SUICIDE WATCH
% along SUICIDE	0.04%	74.99%	20.72%	4.21%	0.60%	100.00%	Table only All
		[	DANGER_TO_	OTHERS			
	Null	0	1	2	3	Grand Total	DANGER_TO_OTHERS Assessment Score
Distinct Clients	1	1,995	475	190	17	2,659	Applies to DANGER TO OTHERS
% along DANGER_T	0.04%	75.03%	17.86%	7.15%	0.64%	100.00%	Table only All
			SELF_MUTI	ILATION			SELF MUTILATION
			_				SELF_MUTILATION
	Null	0	1	2	3	Grand Total	Assessment Score Applies to SELF MUTILATION
Distinct Clients	1	2,033	460	176	5	2,659	Table only All
% along SELF_MUTILA	0.04%	76.46%	17.30%	6.62%	0.19%	100.00%	All
			SELF_HA	\RM			SELF HARM
	Null	0	1	2	3	Grand Total	Assessment Score
Distinct Clients	1	2,095	428	142	12	2,659	Applies to SELF HARM Table only
% along SELF_HARM	0.04%	78.79%	16.10%	5.34%	0.45%	100.00%	All
			FLIGHT	RISK			
	Null	0	1	2	3	Grand Total	FLIGHT_RISK
Distinct Clients	1	2,198	356	100	16	2,659	Assessment Score Applies to FLIGHT RISK
% along FLIGHT_RISK	0.04%	82.66%	13.39%	3.76%	0.60%	100.00%	Table only All

Comparison of CANS scores related to safety/risk SFY 2020 and Q1 of SFY 2021 Suicide Watch

CANS Rating	# SFY 2020	%	Q! SFY 2021	%
0	11,093	75.2%	1994	75.0%
1	3,270	22.2%	551	20.7%
2	698	4.7%	112	4.2%
3	82	.6%	16	.6%
	14,746		2,659	

## Danger To Others-

CANS Rating	# SFY 2020	%	Q1 SFY 2021	%
0	11,261	76.4%	1995	75.0%
1	2,637	17.9%	475	17.9%
2	1,258	8.5%	190	7.1%
3	126	0.9%	17	0.6%
	14,746		2,659	

## Self-Mutilation

CANS Rating	# SFY 2020	%	Q1 SFY 2021	%
0	11307	76.7%	2033	76.5%
1	2771	18.8%	406	15.3%
2	1063	7.2%	176	6.6%
3	55	0.4%	5	0.2%
	14746		2659	

## Self-harm

CANS Rating	# SFY 2020	%	Q1 SFY 2021	%
0	12027	81.6%	2095	78.8%
1	2219	15.0%	428	16.1%
2	930	6.3%	142	5.3%
3	89	0.6%	12	0.5%
	14746		2659	

# Flight Risk

CANS Rating	# SFY 2020	%	Q1 SFY2021	%
0	12475	84.6%	2198	82.7%
1	2005	13.6%	356	13.4%
2	529	3.6%	100	3.8%
3	95	0.6%	16	0.6%
	14746		2659	

Quarterly trends for Q1 align closely with annual trends noted in SFY 2020

## School Issues

Q1

### **CMH CANS Clients (In School)**

## These Filters apply to full dashboard

GENDER Race/Ethnicity Fiscal Month AGE AGENCY\_NAME All STATE\_FISCAL\_YEAR 2021 County\_Name Multiple values SCHOOL\_Behavior (Applies to School Behavior items only) Assessment Score

SCHOOL\_ATTENDANCE ( Applies to School Attendance items only) Assessment Score All

School Attendance								
	0	N/A	1	2	3	Null	Grand T	
Distinct C I.I.	1,679	451	334	161	55	1	2,659	
%	63.14%	16.96%	12.56%	6.05%	2.07%	0.04%	100.00%	

School Behavior							
	Null	0	1	2	3	N/A	Grand
Distinct Clien	1	1,188	639	369	73	414	2,659
%	0.04%	44.68%	24.03%	13.88%	2.75%	15.57%	100.00%

SCHOOL\_BEHAVIOR Assessment Score SCHOOL\_ATTENDANCE Assessment Score Null 0 1 N/A Null N/A 0 1 2

In trouble

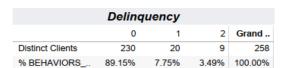
Q1

### **CMH CANS Clients (Juvenile Justice)** These Filters apply to full dashboard

AGENCY_NAME	STATE_FISCAL_YEAR	Fiscal Month	County_Name	<b>AGE</b>	GENDER	Race/Ethnicity
All	2021	Multiple values	All	All	All	Unknown
LEGAL_ISSUES ( Appli LEGAL_ISSUES All	es to Legal Issues items only	0		IORS_DELINQUI	ENCY ( Applies to Deline	quency items only)

ΑII

Legal Issues								
	0	1	2	3	Grand T			
Distinct Clients	214	23	17	5	258			
% LEGAL_ISSUES	82.95%	8.91%	6.59%	1.94%	100.00%			





# **Appendix A: Glossary**

Child and Adolescent Needs and Strengths (CANS)	A tool used in the assessment process that provides a measure of a child's or youth's needs and strengths.
Class Member	Idaho residents with serious emotional disturbance (SED) who are under the age of 18, have a diagnosable mental health condition, and have a substantial functional impairment.
EPSDT	Early and Periodic Screening, Diagnostic and Treatment (EPSDT), which is now referred to as Children's Medicaid, provides comprehensive and preventive health care services for children under age 21 who are enrolled in Medicaid. EPSDT is key to ensuring that children and adolescents receive appropriate preventive, dental, mental health, developmental, and specialty services. (National website Medicaid.gov).
IEP	The Individualized Education Plan (IEP) is a written document that spells out a child or youth's learning needs, the services the school will provide and how progress will be measured.
Intensive Care Coordination (ICC)	A case management service that provides a consistent single point of management, coordination, and oversight for ensuring that children who need this level of care are provided access to medically necessary services and that such services are coordinated and delivered consistent with the Principles of Care and Practice Model.
Jeff D. Class Action Lawsuit Settlement Agreement	The Settlement Agreement that ultimately will lead to a public children's mental health system of care (SoC) that is community-based, easily accessed and family-driven and operates other features consistent with the System of Care Values and Principles.
QMIA	A quality management, improvement, and accountability program.
Serious Emotional Disturbance (SED)	The mental, behavioral, or emotional disorder that causes functional impairment and limits the child's functioning in family, school, or community activities. This impairment interferes with how the youth or child needs to grow and change on the path to adulthood, including the ability to achieve or maintain age-appropriate social, behavioral, cognitive, or communication skills.
SFY	The acronym for State Fiscal Year, which is July 1 to June 30 of each year.
SFYTD	The acronym for State Fiscal Year To Date.
System of Care	An organizational philosophy and framework that involves collaboration across agencies, families, and youth for improving services and access, and expanding the array of coordinated community-based, culturally and linguistically competent services and supports for children.
TCOM	The Transformational Collaborative Outcomes Management (TCOM) approach is grounded in the concept that the different agencies that serve children all have their own perspectives and these different perspectives create conflicts. The tensions that result from these conflicts are best managed by keeping a focus on common objectives — a shared vision. In human service enterprises, the shared vision is the person (or people served). In health care, the shared vision is the patient; in the child serving system, it is the child and family, and so forth. By creating systems that all return to this shared vision, it is easier to create and manage effective and equitable systems.
Youth Empowerment Services (YES)	The name chosen by youth groups in Idaho for the new System of Care that will result from the Children's Mental Health Reform Project.
Other YES Definitions	System of Care terms to know: <a href="https://youthempowermentservices.idaho.gov/YESTools/TermstoKnow/tabid/4779/Default.aspx#terms">https://youthempowermentservices.idaho.gov/YESTools/TermstoKnow/tabid/4779/Default.aspx#terms</a> YES Project Terms to Know:
	https://youthempowermentservices.idaho.gov/YESProjectTerms/tabid/4794/Default.aspx

# Appendix B- Medicaid Members under the age of 18

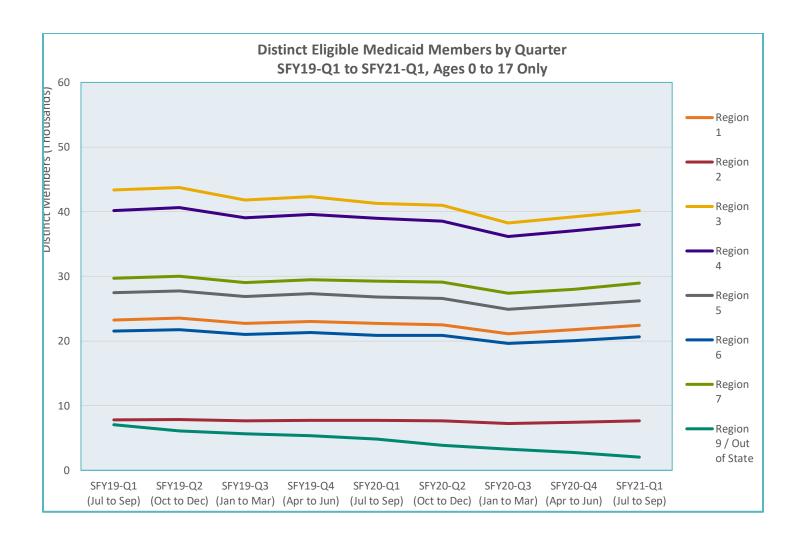
Medicaid Members under 18 as of 9/30/20

	Ages 0 to 17
Region	Total Distinct Members as of 9/30/20
Region 1	22,244
Region 2	7,579
Region 3	39,891
Region 4	37,692
Region 5	26,035
Region 6	20,549
Region 7	28,766
Region 9/Out of State	1,114
Total	183,870

Table 2: Medicaid Eligible Members by Quarter - Ages 0 to 17 Only

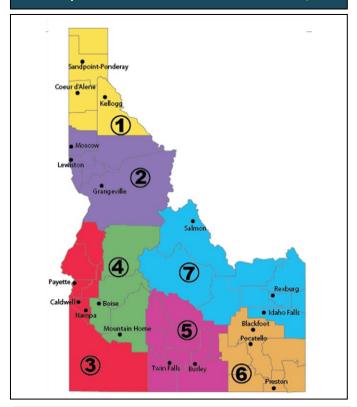
Description: This table displays the distinct count of Medicaid Eligible Members between the ages of 0 to 17, by quarter, during the period between 7/1/2018 to 9/30/20. Members are counted by MID and age was under 18 as of the last day of each quarter.

Region.	SFY19- Q1 (Jul to Sep)	SFY19- Q2 (Oct to Dec)	SFY19- Q3 (Jan to Mar)	SFY19- Q4 (Apr to Jun)	SFY20- Q1 (Jul to Sep)	SFY20- Q2 (Oct to Dec)	SFY20- Q3 (Jan to Mar)	SFY20- Q4 (Apr to Jun)	SFY21- Q1 (Jul to Sep)
Region 1	23,214	23,547	22,744	23,043	22,765	22,492	21,124	21,775	22,431
Region 2	7,813	7,860	7,657	7,757	7,708	7,656	7,241	7,422	7,653
Region 3	43,355	43,738	41,846	42,336	41,274	40,964	38,259	39,210	40,185
Region 4	40,194	40,639	39,067	39,575	38,966	38,510	36,167	37,025	37,988
Region 5	27,454	27,749	26,889	27,310	26,785	26,616	24,908	25,548	26,230
Region 6	21,526	21,755	21,013	21,294	20,858	20,897	19,630	20,084	20,661
Region 7	29,714	30,024	29,029	29,506	29,280	29,101	27,396	28,008	28,971
Region 9 / Out of State	7,059	6,099	5,643	5,322	4,818	3,875	3,280	2,759	2,044
Total	200,329	201,411	193,888	196,143	192,454	190,111	178,005	181,831	186,163

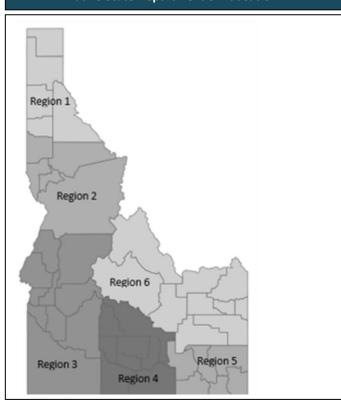


# **Appendix C- Regional Maps**

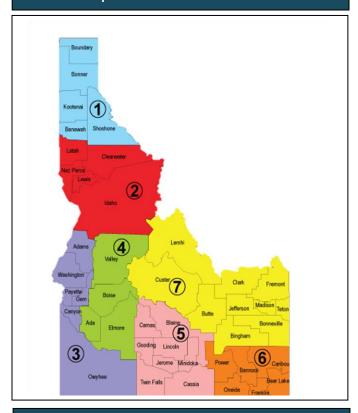
## Idaho Department of Health and Welfare: Medicaid,



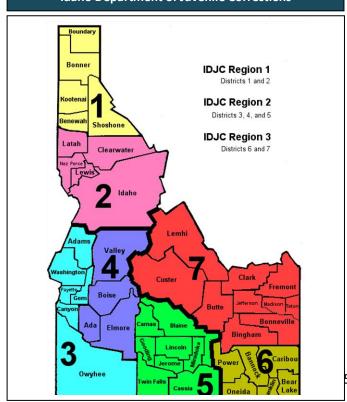
## **Idaho State Department of Education**



## Idaho Department of Health and Welfare: DBH



## **Idaho Department of Juvenile Corrections**



# **Appendix D- Presenting Concern Categories**

Presenting Concern Categories Assigned based on Primary Diagnosis of Youth entered into CANS Tool	
Category	Concern
Anxiety	Anxiety/Generalized Anxiety
	Panic
	Phobia
	Adjustment
Stress or Trauma	Post-Traumatic Stress
	Trauma/Loss
	Reactive Attachment
Mood	Mood Disturbance
	Dysthymia
	Depression
	Bi-polar Disorder
Externalizing	Attention-Deficit Hyperactivity Disorder (ADHD)
	Conduct Disorder
	Intermittent Explosive Disorder
	Disruptive Mood Dysregulation
	Oppositional Defiant Disorder
Neurological Concerns	Psychotic Features of Disorder
	Autism Spectrum
	Intellectual Disability
	Neurological Disorder NOS
Other	Disorders of Eating
	Gender Identity Disorder
	Personality Disorders

Presenting Concern Categories provided by Dr. Nathaniel Israel of Union Point Group, LLC.

# **Appendix E- CDC Prevalence info**

Data and statistics on Children's Mental Health issues from the Centers for Disease Control (CDC):

## ADHD, behavior problems, anxiety, and depression are the most commonly diagnosed mental disorders in children

- 9.4% of children aged 2-17 years (approximately 6.1 million) have received an ADHD diagnosis.<sup>2</sup> Read more information on ADHD here.
- $\circ$  7.4% of children aged 3-17 years (approximately 4.5 million) have a diagnosed behavior problem.<sup>3</sup>
- 7.1% of children aged 3-17 years (approximately 4.4 million) have diagnosed anxiety.<sup>3</sup>
- 3.2% of children aged 3-17 years (approximately 1.9 million) have diagnosed depression.<sup>3</sup>

## Some of these conditions commonly occur together. For example:

- Having another disorder is most common in children with depression: about 3 in 4 children aged 3-17 years with depression also have anxiety (73.8%) and almost 1 in 2 have behavior problems (47.2%).<sup>3</sup>
- $\circ$  For children aged 3-17 years with anxiety, more than 1 in 3 also have behavior problems (37.9%) and about 1 in 3 also have depression (32.3%).<sup>3</sup>
- For children aged 3-17 years with behavior problems, more than 1 in 3 also have anxiety (36.6%) and about 1 in 5 also have depression (20.3%).

## Depression and anxiety have increased over time

- "Ever having been diagnosed with either anxiety or depression" among children aged 6−17 years increased from 5.4% in 2003 to 8% in 2007 and to 8.4% in 2011−2012.<sup>4</sup>
- "Ever having been diagnosed with anxiety" increased from 5.5% in 2007 to 6.4% in 2011–2012.4
- "Ever having been diagnosed with depression" did not change between 2007 (4.7%) and 2011-2012 (4.9%).

There is a need to improve behavioral health crisis response services for youth in Idaho. Less than half of caregivers (48%) who believe their youth needs a safety/crisis plan have been helped to make one by their behavioral health provider and one-third of caregivers (33%) do not believe their family's current plan will be useful in times of crisis. These are important deficits in families' YES experiences, especially since having a safety/crisis plan that the family felt confident in was associated with significantly lower risk of youth psychiatric hospitalization and improved youth outcomes in the last 6 months.

In addition to improving safety/crisis planning, there is also evidence that access to face-to-face crisis support services needs to improve for youth in Idaho. Of the 20 youth whose caregivers indicated they were psychiatrically hospitalized in the last 6 months, 72% never received a face-to-face visit from a behavioral health professional at the time and location of the behavioral health crisis. This suggests a need to improve access to crisis intervention services within the YES system.

The availability of Wraparound services for youth is increasing in Idaho, however, there is more work to be done. Beginning in 2019, Idaho began scaling up Wraparound, a community-based service designed to support youth with the most severe behavioral health needs to live successfully in their home and community. Overall, 5.6% of caregivers (n = 19) indicated their youth had participated in Wraparound during the last six months. Of the 32 youths who experienced an out-of-home placement in the last 6 months, 78% did not participate in Wraparound. This suggests a need to continue improving access to Wraparound services for youth with the most pressing behavioral health needs in Idaho.

There is evidence that some service experiences are good predictors of improved youth outcomes and reduced out-of-home placements; steps could be taken to make these experiences more common for families. Our analyses identified four questions on the YES 2020 family survey that were robust predictors of improved youth well-being, reduced out-of-home placements (including reduced psychiatric hospitalizations), and improved caregiver empowerment. Youth who scored high on these items were 10 times less like likely to experience an out-of-home placement compared to youth who scored low on these items. Working to improve families' experiences of care in these four areas may support improved youth outcomes. The four items assessed:

- the extent to which services focused on the youth's strengths ("The services my child/youth receives focus on what he/she is good at, not just on problems"),
- (2) the extent to which the youth was an active participant in service planning ("My child/youth is an active participant in planning his/her services"),
- (3) the extent to which the provider and family routinely measured and monitored progress toward the youth and family's goals ("The provider often works with our family to measure my child/youth's progress toward his/her goals"), and
- (4) the adequacy of safety/crisis planning ("I feel confident that my family's safety/crisis plan will be useful in times of crisis").

Many families indicated their services were family-centered; however, there were important disparities for youth of color. A large majority of caregivers indicated that the services they received were respectful of their family's language, religion, race/ethnicity, and culture (92%); however, scores on this item were significantly lower for caregivers of youth of color. Caregivers of youth of color also reported significantly worse experiences with regard to being listened to by the provider, having a central voice in decision-making about their child's services, and services being available at times and locations that are accessible. These responses point to the need for additional assessment of the service experiences of youth of color in order to develop strategies for closing this gap.

Families reported concerns regarding the Child and Adolescent Needs and Strengths (CANS) tool. In 2019, Idaho implemented the CANS assessment statewide as the primary tool for assessing youths' behavioral health needs and strengths, determining eligibility for behavioral health services, and monitoring change in youth well-being. All caregivers who responded to the 2020 YES family survey had one or more CANS assessment completed on their youth as evidenced by DBH records; however, results from the survey suggest there is room for improvement with the CANS tool. About 1 out of every 3 caregivers (35%) who reported on their experience with the CANS did not feel that the CANS assessment did little

to help their youth. About 1 in 5 caregivers (21%) indicated the CANS did not help them develop a positive shared vision for the future with their provider and a similar percentage were also not made aware of the services their youth was eligible for after completion of the CANS. Further evaluation is also needed to understand why 35% to 40% of caregivers indicated they were unable to report on their experience of their youth's most recent CANS. These findings suggest many families are not seeing value in the CANS assessment as it is currently used in the YES system. Working to improve implementation of the CANS or changing the way it is used in the system (e.g., use it as an initial assessment or annual assessment and rely on other measures to monitor change in well-being) may help improve services in this area.

Empowering caregivers is an important step on the way to improving youth well-being and actions should be taken to improve caregiver supports in the YES system. In this survey, an important predictor of improvement in youth well-being and reduced out-of-home placements was the extent to which caregivers felt that they had improved in the last 6 months in their ability to effectively access the services and supports their youth needs. This finding highlights the importance of empowering caregivers to access services and supports. Ways of doing this may include: changing system processes and structures so that caregivers can more easily access services their youth needs (that is, system-level change), increasing supports such as service coordination which are designed to assist caregivers in navigating systems, and working directly with caregivers to improve their skills and confidence in advocating for and accessing services their youth needs.

Caveats. Although the 2020 YES family survey was designed to generate a representative picture of the experiences of care of Idaho families who participated in YES services, the low response rate of 9% makes it difficult to determine how generalizable these results are. The survey results reflect the experiences and perceptions of the 352 Idaho caregivers who responded; however, it is unknown to what extent these caregivers' experiences are representative of the experiences of the other caregivers and families who did not respond to the survey. These data are best interpreted as helpful information to begin a conversation about improving the quality of behavioral health services for youth in Idaho.

## Conclusion

Results from this survey reflect the experiences and perceptions of caregivers of Idaho youth who participated in YES behavioral health services in 2019 and who elected to share their experiences by responding to the survey. These results highlight potential areas of strength in Idaho's YES system as well as areas of potential need for growth and improvement. It is our hope that these results can support the improvement of services for Idaho youth who experience emotional and behavioral challenges and their families.