



# YES News & Updates

## YOUTH EMPOWERMENT SERVICES NEWSLETTER

Issue 12: August 2019

## The Role of Targeted Care Coordinators

New services and supports were added to the YES system of care in June. One of the new services is Targeted Care Coordination.

With the addition of Targeted Care Coordination, person-centered service planning is transitioning from program specialists in the Children’s Mental Health regional offices to Targeted Care Coordinators in the Optum Idaho network. Optum is Medicaid’s contractor to manage the Idaho Behavioral Health Plan.

The Targeted Care Coordinator assists youth and their families by:

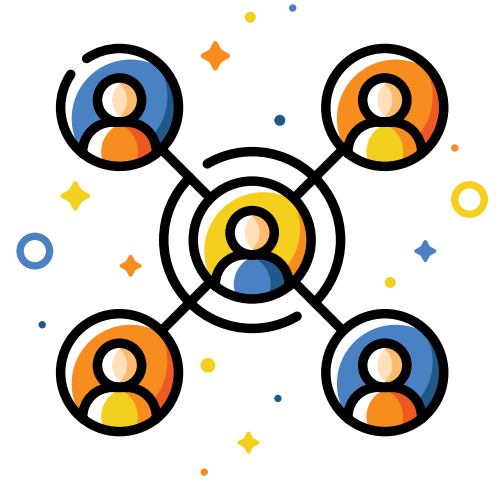
- Serving as a care navigator and advocate for locating and accessing services.
- Linking the mental and physical health, social, educational, and other services identified through a child and family teaming process.
- Ensuring that services are accessed, coordinated, and delivered in a strengths-based, individualized, and relevant manner, and that services and supports are guided by family voice and choice.

If a youth and family has a Targeted Care Coordinator, this person is responsible for coordinating and facilitating child and family team meetings. During these meetings, the team develops, implements and monitors the outcomes-focused, strengths-based, person-centered service plan that includes both formal and informal services and supports.

Optum Idaho is working to ensure that Targeted Care Coordinators are available across the state. In some communities, person-centered service plans are still facilitated by Children’s Mental Health regional office practitioners.

Visit [optumidaho.com](http://optumidaho.com) > [Find a Provider](#) to access a listing of Targeted Care Coordinators in Idaho, or call the Optum Member Access and Crisis Line at (855) 202-0973 for more information.

Providers interested in learning more about Target Care Coordinator services can visit the Targeted Care Coordinator page on the [Optum Idaho website](#) or call the Provider line at (855) 202-0983 Ext. 1.



### What is a person-centered service plan?

Care planning is the process of identifying appropriate services and supports that are unique to the strengths and needs of each youth and family.

Person-centered service planning is directed by the individual, is ongoing, and focuses on the strengths, interests, and needs of the whole person. The person is supported in their ability to choose what they will do and who will help them achieve a meaningful life.

## Recent News and Announcements - catch up on any news you’ve missed on [YES website](#)



### YES TOOLS

#### Guide to YES Practice Manual Updated

[Version 2 of the YES Practice Manual](#) is now available in English on the YES website. The updated manual includes a Change History page to help direct readers to the updates and additions. New or revised text in the manual is in purple to make it easy for those already familiar with the guide to find the changes. A revised Spanish version will be posted soon.

YES News & Updates is produced and distributed by the Division of Behavioral Health on behalf of YES partners - Idaho Department of Health and Welfare, State Department of Education and Idaho Department of Juvenile Corrections. *Questions, concerns, story ideas?* Contact Cindy Day, YES Project Manager, at [yes@dhw.idaho.gov](mailto:yes@dhw.idaho.gov). Want to opt out? [Unsubscribe](#).

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