



YES News & Updates

YOUTH EMPOWERMENT SERVICES NEWSLETTER

Issue 11: July 2019

Six Steps to Getting Started with YES

Knowing where to begin to get help can be confusing, especially when a child's mental or emotional health is a concern. *Getting Started with YES* offers a step-by-step guide to

the process, starting with determining if a child or youth might benefit from mental health services or supports.

RESOURCES:

- [Getting Started with YES](#) (PDF)
- [Getting Started with YES](#) online



Getting Started With YES



Determine if your child may benefit from a mental health assessment

- Do one of the following things:
 - Call Children's Mental Health at 833-644-8296 to talk to someone about getting help.
 - Use the Youth Mental Health Checklist for Families.
 - Talk to a doctor and take a mental health screener.

1 Note: If your child has Medicaid, go to step 4.

Schedule an assessment with Liberty Healthcare

- Attend and participate in the assessment process with your child. The assessor completes a comprehensive diagnostic assessment and the Child and Adolescent Needs and Strengths (CANS) to determine whether your child has serious emotional disturbance (SED).

2

Apply for Medicaid

- Call 1-877-456-1233.
- Go to <http://idalink.idaho.gov>.

Note: Medicaid income limits are higher for children with SED.

3

Find a provider

- If your child has Medicaid, call Optum Idaho.
- If your child does not have Medicaid, call your regional Children's Mental Health office.

Note: In some cases step 4 may occur after step 5 and that's okay.

4

Resources

- Youth Mental Health Checklist for Families**
<https://youthempowermentservices.idaho.gov/Portals/105/Documents/MHChecklist10172018.pdf>
- Youth Empowerment Services**
yes.idaho.gov
- Optum Idaho**
www.optumidaho.com or 855-202-0973
- Children's Mental Health Offices**
1-833-644-8296
https://yes.idaho.gov/Portals/105/Documents/ID_CMHOffices.pdf

Set up appointments with providers and work on goals

- Work with your Child and Family Team to identify services, supports and goals.
- Celebrate milestones, goals and successes.

6

Participate in person-centered service planning

- Attend person-centered planning meetings.
 - Invite your mental health provider and other supportive family and friends to the meeting.
- Note:** Work with your provider to determine if you need a person-centered service plan.

5

Getting Started with YES v.01 June 2019

Idaho Wraparound Gets New Name, Logo

The high fidelity model of Wraparound used in Youth Empowerment Services has a new name, Idaho Wraparound Intensive Services, or Idaho WinS. Along with the name, a new text logo will be used to distinguish the model of Wraparound used in YES from other versions of this individualized planning process for children with a high level of mental health treatment

needs. Over the next few months, YES materials will be updated with the new name and brand.

RESOURCES:

- [Wraparound At a Glance for Families](#)
- [Wraparound At a Glance for Providers](#)

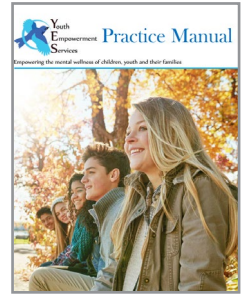


YES Practice Manual Updates Coming Soon

An updated version of the Youth Empowerment Services Practice Manual is scheduled to be published on the YES website in August. A list of updates are included on pages 7 and 8 of the updated guide. The YES Practice Manual is a comprehensive guide for families, providers, educators and others to Youth Empowerment Services.

Changes include:*

- Added Getting Started with YES infographic.
- Added link to Idaho Children's Mental Health Screener.
- Added level of care recommendations for CANS.
- Revised person-centered planning process with change to Targeted Care Coordinators as facilitators.
- Revised information on EPSDT.
- Added or revised 10 services or supports.
- Added information on Medicaid's cost-sharing program.
- Added a section on Transition Planning.
- Added information on the Division of Family and Community Services complaint process and information on how to complete Department of Health and Welfare's appeals forms.



* Not a comprehensive list. Please refer to pages 7 and 8 in the updated YES Practice Manual for a complete list of changes with page references.

Recent News and Announcements - catch up on any news you've missed [here](#)



PROVIDER

Wraparound Information for Providers

Providers and care coordinators can learn more about the Wraparound planning process that provides an overview of Wraparound and how to refer a client to Children's Mental Health to participate in Idaho's high fidelity Wraparound. [Wraparound Information for Providers](#) (pdf).



PROJECT

YES Quality Assurance Report on 1st Quarter 2019 Available

Quality Management Improvement and Accountability (QMIA) Quarterly Report Issue 10 covers the period of January 1 - March 31, 2019. The report focuses on statewide and regional information on the children's mental health system of care in Idaho in the areas of CANS conducted, YES eligibility criteria, workforce development and more. Access [July 2019 QMIA Quarterly Report](#) and previous issues on the [Reports and Updates](#) webpage.



YES TOOLS

Idaho Children's Mental Health Screener Online Tool

A new online tool is available to help providers identify unmet health needs in children. The Idaho Children's Mental Health Screener is designed for use in a non-mental health setting by healthcare providers, probation officers, human service providers, educators and others if there is an indication that the youth may need help with their mental health. The screener takes about 15 minutes to use. It is based on the Child and Adolescent Needs and Strengths (CANS), but cannot be used in place of a CANS. [Details and a link to the screener on the Healthcare Provider webpage.](#)

YES News & Updates is produced and distributed by the Division of Behavioral Health on behalf of YES partners - Idaho Department of Health and Welfare, State Department of Education and Idaho Department of Juvenile Corrections. *Questions, concerns, story ideas? Contact Brenda Bielke, Public Involvement Coordinator at yes@dhw.idaho.gov.*

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