

# Access to Medicaid Mental Health Services

The diagram at the bottom of the page illustrates the process for children to receive Medicaid mental health services.

## 1 Schedule an assessment.

- ◆ If your child is Medicaid eligible and you do not want to access respite services, contact the Optum Idaho member line at 1-855-202-0973 for access to Medicaid mental health services that are already available to your child.
- ◆ If your child is not already Medicaid eligible, or is eligible and wants to access respite services, contact Liberty Healthcare at 1-877-305-3469 to schedule an assessment.

## 2 Complete the assessment.

Liberty Healthcare will come to your home to complete an assessment and confirm that your child has serious emotional disturbance (SED). Liberty Healthcare will contact you in one business day with results and next steps.

## 3 If not already enrolled, apply for Medicaid.

Submit an application for Medicaid online at <https://idalink.idaho.gov> (or by calling Self-Reliance at 1-877-456-1233) if your child is not already enrolled. Families whose income exceeds traditional eligibility limits should ignore the preliminary eligibility decision displayed online, because a manual review is required to verify SED status and to apply a higher income limit. You will receive a Medicaid eligibility determination letter within five business days of completing your application. If your child is not determined to be Medicaid eligible but has SED, contact the Division of Behavioral Health by phone at 1-855-643-7233 or by email to [yes@dhw.idaho.gov](mailto:yes@dhw.idaho.gov) for next steps.

## 4 Engage with providers.

Once your child is Medicaid eligible, contact the Optum Idaho member line at 1-855-202-0973 to find providers of mental health services in your area.

## 5 Develop a person-centered service plan.

After your child has been determined to be Medicaid eligible, select a [targeted care coordinator](#) from the Optum provider network to help you develop a person-centered service plan. You and your child will also assemble a team of service providers and other people to assist you and ensure that the person-centered service plan will match your child's identified needs and strengths with available services and supports.

