



## Next Steps After Independent Assessment

### 1 Speak with the independent assessor about your child's assessment.

The same person who assessed your youth for Serious Emotional Disturbance (SED) will call you within one (1) business day to discuss the results of their assessment. This is your opportunity to ask any questions you may have about the results or how the SED decision was made.

### 2 Apply for the YES Program, if not already eligible for Medicaid.

There are multiple ways to qualify for Medicaid, each with different eligibility requirements. If your youth is determined to be eligible for the YES Program, they will gain access to all Medicaid-funded services, including Respite. There are four (4) ways to apply for Medicaid:

- **Online** at [idalink.idaho.gov](https://idalink.idaho.gov). Please ignore any preliminary eligibility determinations displayed online. Instead, wait for your Notice of Eligibility to arrive in the mail, which takes about five (5) business days.
- **By Phone:** 877-456-1233
- **By Mail:** Download application forms (English or Spanish, in PDF format) at <https://healthandwelfare.idaho.gov/services-programs/medicaid-health/apply-medicaid-0>
- **In-Person** at your local Department of Health and Welfare office.

### 3 After you receive your Medicaid eligibility determination...

- **If your youth is determined to be eligible for the YES Program**, select a targeted care coordinator (TCC) and get a Person-Centered Service Plan (PCSP). Call the Idaho Behavioral Health Plan to find a TCC in your area. The TCC will help you navigate the system, develop your PCSP, and access services and supports. **PLEASE NOTE:** A PCSP and Respite are federally required services to keep YES Program eligibility. Your youth must use Respite services at least once per eligibility year and have the PCSP updated within one year from your youth's eligibility date. They also must have an annual SED assessment from the Independent Assessor.
- **If your youth is not eligible for Medicaid**, please contact your regional Children's Mental Health Office for help accessing services. To find your local office, go to [healthandwelfare.idaho.gov/offices](https://healthandwelfare.idaho.gov/offices).

#### Important Contacts to Know

Independent Assessor – Liberty Healthcare: 208-258-7980 or [idahoyes@libertyhealth.com](mailto:idahoyes@libertyhealth.com)

Idaho Behavioral Health Plan – Optum Idaho: 855-202-0973 or [optum\\_idaho\\_mfa@optum.com](mailto:optum_idaho_mfa@optum.com)

Medicaid eligibility – Self Reliance: 877-456-1233 or [mybenefits@dhw.idaho.gov](mailto:mybenefits@dhw.idaho.gov)

For questions about the YES Program, please contact Medicaid's YES Program team:  
208-364-1910 or [yesprogram@dhw.idaho.gov](mailto:yesprogram@dhw.idaho.gov)