



Access to Medicaid Mental Health Services

The diagram at the bottom of the page illustrates the process for children to receive Medicaid mental health services.

- 1 Schedule an assessment**
 - If your child is already enrolled in Medicaid and you do not want to access respite services, contact the Optum Idaho member line at 855-202-0973 for access to Medicaid mental health services that are already available to your child.
 - If your child is not already enrolled in Medicaid, or is enrolled and wants to access respite services, contact Liberty Healthcare at 877-305-3469 to schedule an assessment.
- 2 Complete the assessment**

Liberty Healthcare will call to schedule an assessment to confirm that your child has serious emotional disturbance (SED). Liberty Healthcare will contact you in one business day with results and next steps.
- 3 If not already enrolled, apply for Medicaid**

Apply for Medicaid online at <https://idalink.idaho.gov> or by calling Self-Reliance at 877-456-1233. If your household income is above traditional Medicaid eligibility limits and you apply online, you may see a preliminary denial on the screen. Please disregard this as an individual review of your application is necessary to verify SED and apply the higher income limits. You will receive a Medicaid eligibility determination letter within 45 days of completing your application. If your child is not determined to be Medicaid eligible but has SED, contact the Division of Behavioral Health by email at yes@dhw.idaho.gov or find your local office at <http://healthandwelfare.idaho.gov/offices>.
- 4 Engage with providers**

Once your child is enrolled in Medicaid, contact the Optum Idaho member line at 855-202-0973 to find mental health providers in your area.
- 5 Develop a person-centered service plan**

After your child has been approved for Medicaid, select a targeted care coordinator from the Optum Idaho provider network. The targeted care coordinator will work with you to create a team of professionals and other supports to develop a person-centered service plan that will match your family's needs. This plan will be updated annually.

